

Wintergreen

Gaultheria fragrantissima 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: A | T | S

Plant Part: Leaf

Extraction Method: Steam distillation

Aromatic Description: Sweet, minty, refreshing

Main Constituents: Methyl salicylate

PRIMARY BENEFITS

- Great for a warming soothing massage after exercise
- Has a refreshing aroma that's uplifting and stimulating

Wintergreen

Gaultheria fragrantissima 15 mL

Part Number: 60208564

PRODUCT DESCRIPTION

Wintergreen essential oil is derived from the leaves of a creeping shrub found in coniferous areas. The main chemical component in Wintergreen, methyl salicylate, is used in topical creams and massage blends because of its soothing properties. In fact, Wintergreen and Birch are the only plants in the world that contain methyl salicylate naturally. When diffused, Wintergreen has a refreshing aroma that's uplifting and stimulating. Through dōTERRA's Cō-Impact Sourcing™ initiative, our Wintergreen comes from Nepal where it is wild harvested by rural villagers then distilled by community-owned distillation facilities. This process helps create increased economic opportunity for very remote regions in rural Nepal.

USES

- Wintergreen has a warming effect when applied to skin and is excellent to use as a soothing massage. A little goes a long way, so use sparingly and dilute with a carrier oil to minimize any skin sensitivity.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for at least 12 hours after applying product.

