

Oregano

Origanum vulgare 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: A T D

Plant Part: Leaf

Extraction Method: Steam distillation

Aromatic Description: Herbaceous, sharp, green, camphoraceous

Main Chemical Components: Carvacrol, thymol

PRIMARY BENEFITS

- Use on surface as a powerful cleansing and purifying agent

Oregano

Origanum vulgare 15 mL

Part Number: 60206814

PRODUCT DESCRIPTION

Oregano is one of the most potent and powerful essential oils and has been used for centuries in traditional practices. The primary chemical component of Oregano is carvacrol. Due to its high phenol content, caution should be taken when diffusing or inhaling Oregano; only one to two drops is needed. Additionally, Oregano should be diluted with a carrier oil when applied to the skin. Oregano's aroma acts as an enhancer and equalizer in essential oil blends.

USES

- Put 10 drops in a 16-ounce spray bottle with water for a surface cleaner.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Dilute one to two drops with a carrier oil then apply to desired area. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

