

Lime

Citrus aurantifolia 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: A I

Plant Part: Lime Peel

Extraction Method: Cold pressed/expressed

Aromatic Description: Citrus, tart, sweet

Main Chemical Components: Limonene, β -pinene, γ -terpinene

PRIMARY BENEFITS

- Tart, sweet food flavouring
- Positively effects on mood with stimulating and refreshing properties
- Freshens the air

Lime

Citrus aurantifolia 5 mL

SKU: 60212453

Wholesale: R 102,00

Retail: R 136,01

PV: 5,75



PRODUCT DESCRIPTION

Cold-pressed from the peel of fresh limes, dōTERRA Lime essential oil is refreshing and energizing in both aroma and taste. Limes are used in a variety of dishes and beverages for their fresh, citrus flavor. Due to its high limonene content, Lime provides a refreshing flavor and can be diffused to add a refreshing aroma inside the home.

USES

- Add a drop of Lime to slushies, smoothies, and drinks for a zesty kick.
- Add a drop to homemade or store-bought salsa.
- Add a drop of Lime to drinking water for refreshing benefits.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Internal use: Add 1 or 2 drops to food.

CAUTIONS

Keep out of reach of children. Possible skin sensitivity. Avoid contact with eyes, inner ears, and sensitive areas. If you are pregnant, nursing, or under a doctor's care, consult your physician. Application to skin may increase sensitivity to sunlight.