

Healthy Habits

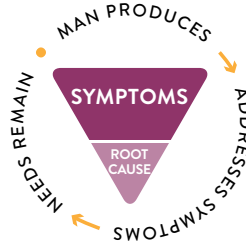
dōTERRA

Your health is in your hands

YOU HAVE CHOICES

Modern Approach

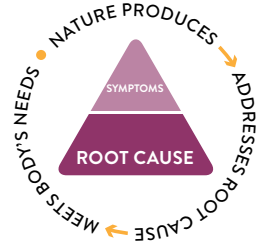
- Designed to manage symptoms
- Made from isolated synthetic agents
- Side effects (known and unknown)



and

Natural Approach

- Addresses body's needs and root causes
- Safe benefits without side effects



WHAT ARE ESSENTIAL OILS?

Natural, Effective, and Safe

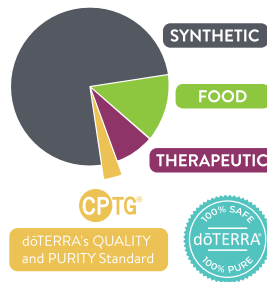
- Concentrated plant extracts
- Physical and emotional benefits
- Affordable first line of natural defense



WHY dōTERRA?

dōTERRA stands out in the oil industry

Grades of Essential Oils



Most tested. Most trusted.

- Harvested from plants in their natural habitat
- Work directly with farmers through Co-Impact Sourcing
- Tested by a third party to ensure purity and potency
- CPTG essential oil
- dōTERRA named largest essential oil company in the world by Verify Markets

Learn more at sourcemeto.com

HOW DO YOU USE dōTERRA ESSENTIAL OILS?

Aromatic

Diffuse or inhale to open airways, boost mood, and freshen air.



- Stay alert
- Relieve head from feelings of tension
- Promote feelings of clear breathing

Topical

Apply to bottoms of feet or affected areas to target specific needs.



- Apply pre/post workout
- Use in massage to relieve discomfort
- Apply to muscles after a long day

Internal

Drop in water, place under tongue, or take in a veggie capsule or softgel.



- Soak sliced apples in water and a few drops for a healthy snack.
- Combine with honey and warm water to create a soothing herbal tea.

The background of the entire image is a soft-focus photograph of lavender flowers. The flowers are in various shades of purple and blue, with some in sharp focus in the foreground and others blurred in the background. A warm, golden light filters through the scene, creating a bokeh effect with out-of-focus light circles. The overall mood is peaceful and natural.

Nature

WAS MAN'S FIRST REMEDY.
EVERYTHING
WE NEED CAN BE FOUND THERE.

1. EAT RIGHT

Need more energy? Want glowing hair, skin, and nails? Total wellness starts on the inside.

More than half (54%) of health - conscious South Africans experience digestive health problems, according to the 2017 Cipla Digestive Health Survey conducted among 400 health conscious individuals.

- Add 1-2 drops of ZenGest™ to water or food for flavouring.

Children and adults need about 6 - 8 glasses of liquid a day; most of that should be from water and drinks made with tap water.

- Add Lemon essential oil to your water for a refreshing taste or as an alternative to sodas and sugary drinks.
- Add 1 to 2 drops of Copaiba to water, juice, or tea.

Fish, chicken, lean meat, or eggs could be eaten daily. These foods are popular food choices for many people in South Africa.

- Turmeric essential oil acts as a great burst of flavour to your favourite savoury meals.

Up to 70% of women and a third of men are classified as overweight or obese.

- Add one to two drops of Spearmint to flavor salads, drinks, and desserts.



2. EXERCISE

Want to be strong and free of discomfort? dōTERRA natural solutions support greater flexibility, boost energy, and ease feelings of tension so you can stay active and fit with regular exercise.



BREATHE™ BLEND

- Maintains feelings of clear airways and easy breathing
- Helps minimize the effects of seasonal threats



DEEP BLUE™

- Provides a cooling and soothing sensation to targeted areas
- Helps relieve discomfort

3. REST & HARMONY

Do you feel overwhelmed? Do you want to wake up every morning refreshed and ready for the day? Essential oils provide dynamic support for getting consistent quality sleep and maintaining a tranquil environment.



dōTERRA SERENITY™

- Diffuse at night to calm a restless baby or child.
- Apply to bottoms of feet at bedtime to help unwind before going to sleep.
- Inhale directly from hands or diffuse throughout the day to help lessen feelings of tension.



LAVENDER

- Add a few drops of Lavender to pillows, bedding, or bottoms of feet at bedtime.
- Helps ease feelings of tension
- Diffuse or apply topically for a calming effect



BALANCE™

- Promotes feelings of calmness and tranquility
- Apply to your wrists or neck to help ease anxious feelings.

4. REDUCE TOXIC LOAD

Are you worried about the synthetic chemicals you're exposed to daily? Minimize your exposure by using dōTERRA natural products.



dōTERRA ON GUARD™ FOAMING HAND WASH

- Uses the cleansing power of essential oils, rather than synthetic chemicals
- Gentle alternative to harsh soaps
- pH balanced to protect delicate skin

dōTERRA ON GUARD™ NATURAL WHITENING TOOTHPASTE

dōTERRA On Guard Natural Whitening Toothpaste is a natural and fluoride-free solution to help clean teeth, reduce plaque, and whiten teeth with gentle polishing agents.

LEMON

- Add Lemon oil to a spray bottle of water to clean tables, countertops, and other surfaces. Lemon oil also makes a great furniture polish; simply add a few drops to olive oil to clean, protect, and shine wood finishes.

dōTERRA ON GUARD™

- Add to water for an effective all-purpose surface cleaner.
- Combine a few drops of dōTERRA On Guard with Fractionated Coconut Oil for a natural hand cleanser.

5. INFORMED SELF CARE

Do you feel overwhelmed? Do you want to wake up every morning refreshed and ready for the day? Essential oils provide dynamic support for getting consistent quality sleep and keeping yourself grounded.



FRANKINCENSE

- Aroma promotes feelings of relaxation



COPAIBA

- Apply topically combined with a carrier oil or a facial moisturizer to help keep skin clean and clear, and to help reduce the appearance of blemishes.

Which kit best meets your needs?

FAMILY ESSENTIALS + SMART & SASSY ENROLLMENT KIT

R2,940.00
121.5 PV†

SAVE
R980.00‡



Includes: 5mL bottles of Lemon, Lavender, Peppermint, Tea Tree, Oregano, Frankincense, Breathe™, ZenGest™, dōTERRA On Guard™, Deep Blue™, Smart & Sassy™ (15mL), and Essentials Booklet

HOME ESSENTIALS ENROLLMENT KIT

R4,495.00
205 PV†

SAVE
R1,498‡



Includes: 15 mL bottles of Frankincense, Lavender, Lemon, Tea Tree (Melaleuca), Oregano, Peppermint, Breathe™ Deep Blue™ (5 mL), dōTERRA On Guard™, Petal Diffuser, and Essentials Booklet.

THE SMARTEST WAY TO BUY: *Loyalty Rewards*

- Place a monthly LRP order of 50+PV to earn free product points.* Change or cancel any time.
- Percentage of FREE Product points increases by 5% every 3 months up to 30%!



Starting Product Point%:

10%

15%

20%

25%

30%

Receive the free Oil of the Month with 125+ PV order placed by the 15th of the month.

Product returns: See dōTERRA return policy for details.

*Product points awarded after placing 50+PV LRP order the following month †Personal Volume. For most products \$1=1 PV ‡Savings off of wholesale price

Qty	SKU	Essential Oils	Unit	Retail	WHSL	PV
Essential Oil Singles						
	60208226	Basil	15 mL	R628.00	R471.00	26.50
	60208464	Bergamot	15 mL	R783.99	R588.00	33
	60216985	Black Pepper	5 mL	R573.00	R430.00	24
	60209809	Black Spruce	5 mL	R470.67	R353.00	19.75
	60208476	Cassia	15 mL	R493.00	R370.00	20.75
	60208486	Cedarwood	15 mL	R329.33	R247.00	13.75
	60213737	Celery Seed	15 mL	R947.00	R710.00	30.75
	60208487	Cilantro	15 mL	R680.01	R510.00	28.50
	60213311	Cinnamon Bark	5 mL	R627.00	R470.00	26.25
	60213735	Citronella	15 mL	R467.00	R350.00	19.75
	60208477	Clary Sage	15 mL	R960.0	R720.00	40.50
	60208479	Clove	15 mL	R418.66	R314.00	17.50
	60212427	Copaiba	5 mL	R360.00	R270.00	15.25
	60206962	Copaiba	15 mL	R915.00	R686.00	38.50
	60208554	Cypress	15 mL	R400.00	R300.00	16.75
	60206921	Eucalyptus Radiata	15 mL	R444.00	R333.00	18.75
	60216980	Fennel	15 mL	R387.00	R290.00	16.25
	60206824	Frankincense	15 mL	R1,777.34	R1,333.00	69.25
	60210700	dōTERRA Frankincense Touch™	10 mL	R1,186.66	R890.00	50
	60208555	Geranium	15 mL	R810.67	R608.00	34
	60217108	Ginger	15 mL	R1,067.00	R800.00	45
	60213739	Grapefruit	15 mL	R470.67	R353.00	19.75
	60217147	Hawaiian Sandalwood	5 mL	R1,827.00	R1,370.00	66
	60206970	Helichrysum	5 mL	R1,830.66	R1,373.00	66
	60213299	Juniper Berry	5 mL	R493.00	R370.00	20.75
	60212451	Lavender	5 mL	R239.99	R180.00	10
	60206706	Lavender	15 mL	R601.00	R451.00	25.25
	60210702	dōTERRA Lavender Touch™	10 mL	R386.66	R290.00	16.25
	60212452	Lemon	5 mL	R114.67	R86.00	4.75
	60206722	Lemon	15 mL	R288.00	R216.00	12
	60208556	Lemongrass	15 mL	R250.67	R188.00	10.50
	60213736	Lemon Eucalyptus	15 mL	R320.00	R240.00	13.50
	60217387	Lime	15 mL	R333.00	R249.99	14
	60206773	Madagascar Vanilla	5 mL	R920.00	R690.00	38.50
	60217908	Magnolia Touch	10 mL	R733.00	R550.00	31
	60210707	Marjoram	15 mL	R493.34	R370.00	20.75
	60215425	Myrrh	15 mL	R1547.00	R1160.00	55.25
	60212455	Oregano	5 mL	R230.66	R173.00	9.75
	60206814	Oregano	15 mL	R575.00	R431.00	24.25
	60213313	Oregano Touch™	10 mL	R373.00	R280.00	15.75
	60208557	Patchouli	15 mL	R732.00	R549.00	30.75
	60206825	Peppermint	5 mL	R230.66	R173.00	9.75
	60206827	Peppermint	15 mL	R575.00	R431.00	24.25

Qty	SKU	Essential Oils	Unit	Retail	WHSL	PV
	60212328	Peppermint Beadlets		R333.33	R250.00	14
	60210703	dōTERRA Peppermint Touch™	10 mL	R373.34	R280.00	15.75
	60212426	Petitgrain	15 mL	R653.34	R490.00	27.50
	60213310	Pink Pepper	5 mL	R573.00	R430.00	24
	60210690	Roman Chamomile	5 mL	R1,176.00	R882.00	49.50
	60206932	Rosemary	15 mL	R419.00	R314.00	17.50
	60208478	Siberian Fir	15 mL	R522.66	R392.00	22
	60212415	Spearmint	15 mL	R732.00	R549.00	30.75
	60210708	Tangerine	15 mL	R381.34	R286.00	16
	60206842	Tea Tree	15 mL	R549.00	R412.00	23
	60210701	dōTERRA Tea Tree Touch™	10 mL	R333.33	R250.00	14
	60213381	Thyme	15 mL	R773.00	R580.00	32.50
	60212425	Turmeric	15 mL	R721.33	R541.00	30.25
	60210709	Vetiver	15 mL	R1,072.00	R804.00	45
	60212329	Wild Orange	5 mL	R106.67	R80.00	4.50
	60206881	Wild Orange	15 mL	R261.00	R196.00	11
	60208564	Wintergreen	15 mL	R574.67	R431.00	24.25
	60206974	Ylang Ylang	15 mL	R967.00	R725.00	40.75
Essential Oil Blends						
	60210332	Adaptiv™	15 mL	R980.00	R735.00	41.25
	60210333	Adaptiv Touch™	10 mL	R522.66	R392.00	22
	60218269	AirX™	15 mL	R773.00	R580.00	32.50
	60206893	AromaTouch™	15 mL	R732.00	R549.00	30.75
	60206703	dōTERRA Balance™	15 mL	R549.00	R412.00	23
	60213195	dōTERRA Brave™	10 mL	R547.00	R410.00	23
	60206702	Breathe™	15 mL	R523.00	R392.00	22
	60210704	dōTERRA Breathe Touch™	10 mL	R360.00	R270.00	15.25
	60213196	dōTERRA Calmer™	10 mL	R493.00	R370.00	20.75
	60213366	Cheer Touch™	10mL	R427.00	R320.00	18
	60206982	Citrus Bliss™	15 mL	R471.00	R353.00	19.75
	60215932	Citrus Bloom™	15 mL	R640.00	R480.00	27
	60206989	ClaryCalm™	10 mL	R640.00	R480.00	27
	60213380	Console Touch™	10 mL	R627.00	R470.00	26.25
	60213202	DDR Prime™	15 mL	R733.33	R550.00	30.75
	60206817	Deep Blue™	5 mL	R836.00	R627.00	35.25
	60213364	dōTERRA Deep Blue™ Touch	10 mL	R1120.00	R840.00	47
	60208488	Elevation™	15 mL	R1,198.67	R899.00	43
	60213369	Forgive Touch™	10 mL	R340.00	R255.00	14.25
	60216982	Hope Touch™	10 mL	R533.34	R400.00	0
	60206708	Immortelle™	10 mL	R1,817.00	R1,363.00	76.50
	60206983	InTune™	10 mL	R901.00	R676.00	38
	60213365	dōTERRA Motivate Touch™	10 mL	R387.00	R290.00	16.25
	60212454	dōTERRA On Guard™	5 mL	R355.99	R267.00	15
	60206816	dōTERRA On Guard™	15 mL	R889.00	R667.00	37.50

Qty	SKU	Essential Oils	Unit	Retail	WHSL	PV
	60210705	dōTERRA On Guard Touch™	10 mL	R574.67	R431.00	24.25
	60213368	Passion Touch™	10 mL	R707.00	R530.00	29.75
	60206709	PastTense™	10 mL	R509.00	R382.00	21.50
	60213367	Peace Touch™	10 mL	R520.00	R390.00	22
	60208489	Purify™	15 mL	R522.66	R392.00	22
	60213197	dōTERRA Rescuer™	10 mL	R393.00	R295.00	16.50
	60206886	dōTERRA Serenity™	15 mL	R784.00	R588.00	33
	60206981	dōTERRA Smart & Sassy™	15 mL	R680.00	R510.00	28.50
	60213198	dōTERRA Steady™	10 mL	R387.00	R290.00	16.25
	60213199	dōTERRA Stronger™	10 mL	R360.00	R270.00	15.25
	60213200	dōTERRA Tamer™	10 mL	R387.00	R290.00	16.25
	60208565	TerraShield™	15 mL	R253.00	R190.00	10.75
	60210736	TerraShield™ Spray	30 mL	R506.66	R380.00	18.50
	60213201	dōTERRA Thinker™	10 mL	R413.00	R310.00	17.50
	60210649	Whisper™	5 mL	R626.67	R470.00	26.25
	60210711	Zendocrine™	15 mL	R626.67	R470.00	26.25
	60215411	ZenGest™	5 mL	R345.00	R259.00	14.50
	60206819	ZenGest™	15 mL	R863.00	R647.00	36.25
	60210706	dōTERRA ZenGest Touch™	10 mL	R633.33	R475.00	22

Essential Oil Kits

Collections

	60210705	Beginner's Trio This kit includes: Single Essential Oils (15mL) Lemon, Lavender, Peppermint	Single	R1,307.00	R980.00	55
	60206781	Introductory Kit This kit includes: Single Essential Oils (5mL) Lemon, Lavender, Peppermint	Single	R523.00	R392.00	16.50
	60214767	Beginner's Essentials Kit This kit includes: Single Essential Oils (5mL) and Products Deep Blue Rub, On Guard, Copaiba, Wild Orange, Lavender, Balance	Single	R2,027.00	R1,520.00	80
	60206851	Family Essentials Kit This kit includes: Single Essential Oils (5mL) Lemon, Lavender, Peppermint, Tea Tree, Oregano, Frankincense Essential Oil Blends (5mL) Breathe™, ZenGest™, dōTERRA On Guard™, Deep Blue™	Single	R3,268.00	R2,450.00	126.50
	60213203	Kids Oil Collection This kit includes: Essential Oil Blends (10mL) Thinker™, Calmer™, Stronger™, Tamer™, Rescuer™, Steady™, Brave™	10 mL	R2,747.00	R2,060.00	99
	60206925	AromaTouch™ Technique Kit This kit includes: Single Essential Oils (5mL) Lavender, Peppermint, Tea Tree, Wild Orange Essential Oil Blends (5mL) AromaTouch™, Balance™, dōTERRA On Guard™, Deep Blue™ Other Products: Fractionated Coconut Oil (115mL)	Single	R2,876.00	R2,150.00	110

Qty	SKU	Essential Oils	Unit	Retail	WHSL	PV
Enrollment Kits						
	60215201	Beginner's Essentials Enrolment Kit This kit includes: Single Essential Oils (5mL) and Products Deep Blue Rub, On Guard, Copaiba, Wild Orange, Lavender, Balance	Single	R2,160.00	R1,620.00	80
	60212284	Home Essentials Enrolment Kit This kit includes: Single Essential Oils (15mL) Lemon, Lavender, Peppermint, Tea Tree, Oregano, Frankincense Essential Oil Blends Breathe™ (15mL), ZenGest™ (15mL), dōTERRA On Guard™ (15mL), Deep Blue™ (5mL) Other Products: Petal Diffuser 2.0, Essentials Booklet *Enrolment Fee Included	Single	R5,993.34	R4,495.00	205
	60211624	Family Essentials Kit + Smart & Sassy Enrolment Kit This kit includes: Single Essential Oils (5mL) Lemon, Lavender, Peppermint, Tea Tree, Oregano, Frankincense Essential Oil Blends Breathe™ (5mL), ZenGest™ (5mL), dōTERRA On Guard™ (5mL), Deep Blue™ (5mL), Smart & Sassy™ (15mL) Other Products: Essentials Booklet *Enrolment Fee Included	Single	R3,919.99	R2,940.00	121.50

Skin Care

	60206746	Veráge Cleanser™	60 mL	R653.00	R490.00	27.50
	60215848	Veráge Toner™	50 mL	R575.00	R431.00	24.25
	60206895	Veráge Moisturizer™	30 G	R732.00	R549.00	30.75
	60207956	Veráge™ Skin Care Collection	Single	R2,209.00	R1,660.00	77
	60206894	Immortelle Hydrating Serum	15 mL	R1,699.00	R1,274.00	71.50
	60210816	Yarrow Pom	30 mL	R2,480.00	R1,860.00	104.25
	60213872	Yarrow Pom Serum	100 mL	R1,693.00	R1,270.00	64

dōTERRA Salon Essentials™

	60207585	Shampoo & Conditioner	2 Pack	R732.00	R549.00	25.25
	60207638	Shampoo 2-Pack	2 Pack	R640.00	R480.00	21.50
	60207582	Conditioner 2-Pack	2 Pack	R732.00	R549.00	25.25
	60206729	Shampoo	250 mL	R509.00	R382.00	21.50
	60206885	Conditioner	250 mL	R601.00	R451.00	25.25

dōTERRA On Guard™ Products

	60012454	dōTERRA On Guard™	5 mL	R355.99	R267.00	15
	60206816	dōTERRA On Guard™	15 mL	R889.00	R667.00	37.50
	60200705	dōTERRA On Guard Touch™	10 mL	R574.67	R431.00	24.25
	60206853	dōTERRA On Guard Toothpaste™	120 G	R222.67	R167.00	5.50
	60206884	dōTERRA On Guard™ Foaming Hand Wash	473 mL	R484.00	R363.00	20.25
	38030000	dōTERRA On Guard™ Foaming Hand Wash Dispenser	473 mL	R51.99	R39.00	0
	60207581	dōTERRA On Guard™ Foaming Hand Wash with 2 Dispensers	473 mL	R588.00	R441.00	20.25

Qty	SKU	Essential Oils	Unit	Retail	WHSL	PV
	60207586	dōTERRA On Guard™ Foaming Hand Wash 2 Pack	473 mL	R876.00	R657.00	36.75
	60213442	dōTERRA On Guard™ Sanitising Mist	30 mL	R213.00	R160.00	5
	60219923	dōTERRA On Guard™ Sanitising Mist 6 Pack	30 mL	R1013.00	R759.99	23.75
	60213204	dōTERRA On Guard™ Beadlets		R413.34	R310.00	17.50
	60217787	dōTERRA On Guard™ Cleaner Concentrate	355 mL	R380.00	R285.00	10.50

Body Care

	60211569	Fir & Greek Orange Deodorant		R227.00	R170.00	5.50
	60216758	Citrus Bloom Deodorant		R265.00	R199.00	7.25
	60216417	Correct X	15 mL	R313.00	R235.00	11
	60216773	Fractionated Coconut Oil	115 mL	R313.00	R235.00	13.25

Deep Blue™

	60206747	dōTERRA Deep Blue™ Rub	120 mL	R961.40	R627.00	35.25
	60213567	Deep Blue™ Samples	10 pk	R133.00	R100.00	0
	60206817	Deep Blue™	5 mL	R836.00	R627.00	35.25
	60213364	dōTERRA Deep Blue™ Touch	10 mL	R1120.00	R840.00	47

Spa

	60212175	Spa Citrus Bliss™ Bath Bar		R173.00	R130.00	5.50
	60208924	Spa Citrus Bliss™ Bath Bar 3 Pack		R467.00	R350.00	14.75
	60203544	Spa dōTERRA Serenity™ Bath Bar		R173.00	R130.00	5.50
	60201595	Spa dōTERRA Serenity™ Bath Bar 3 Pack		R467.00	R350.00	14.75
	60201442	Spa Moisturizing Bath Bar		R173.00	R130.00	5.50
	37560001	Spa Moisturizing Bath Bar 3 Pack		R360.00	R270.00	10
	60216418	SPA Rose Lotion	100 mL	R533.34	R400.00	0
	37510001	SPA Hand & Body Lotion	200 mL	R387.00	R290.00	14

Diffusers

	60211532	Petal Diffuser 2.0	Single	R944.00	R700.00	0
	60216258	Laluz	Single	R1,107.00	R830.00	10
	60216952	Pebble	Single	R812.00	R609.00	10
	60209811	Brevi Stone	Single	R667.00	R500.00	0

Literature

	60219513	Business Booklet	10 pk	R240.00	R179.99	0
	60219926	Healthy Can Be Simple	10 pk	R240.00	R179.99	0
	60219951	Healthy Habits	10 pk	R240.00	R179.99	0
	60211714	Essentials Booklet	Single	R183.00	R137.00	0

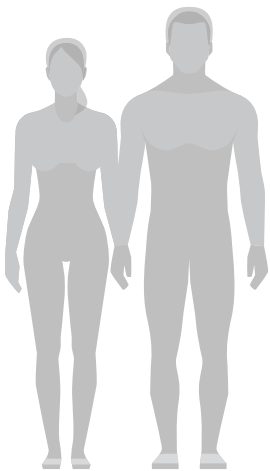
Accessories

	60211778	5% Dram Vials	12 ct	R117.33	R88.00	0
	60211776	Purple 8- Vial Key Chain	Single	R169.33	R127.00	0
	60211777	Black 8- Vial Key Chain	Single	R169.33	R127.00	0

	60212325	Veggie Caps	160 caps	R106.67	R80.00	0
	336007999	Capstickers		R13.34	R10.00	0

Head-to-toe Inventory

Change happens gradually, but when you give your body what it needs to function optimally, it can build health and wellness.



Step 1: Fill out this full-body assessment of how you feel right now. Nothing is too big or small; write down everything.

[illegible]

Step 2: Use essential oils daily over the next 120 days.

Daily Product Uses

MORNING	DAYTIME	EVENING
<ul style="list-style-type: none"> • Apply 1 drop Frankincense to back of neck • Apply 1-2 drops Balance to bottoms of feet 	<ul style="list-style-type: none"> • Add Lemon to water throughout the day • Apply Deep Blue Rub after exercise 	<ul style="list-style-type: none"> • Diffuse Lavender before bed • Put 1 drop On Guard under tongue or take in a Veggie Cap

Daily Healthy Habit Ideas

MORNING	DAYTIME	EVENING
<ul style="list-style-type: none"> • Eat a hearty breakfast with whole, fresh foods • Meditate or take a moment for personal reflection • Go for a morning jog • Establish a morning yoga practice 	<ul style="list-style-type: none"> • Eat a balanced, light lunch • Take a 5-10 minute walk • Drink plenty of water throughout the day • Take a quiet moment to write in a gratitude journal 	<ul style="list-style-type: none"> • Eat a nutritious dinner • Stretch • Take a relaxing bath or shower • Take a break from electronics before bed,, read a book instead! • Get 7-9 hours of sleep

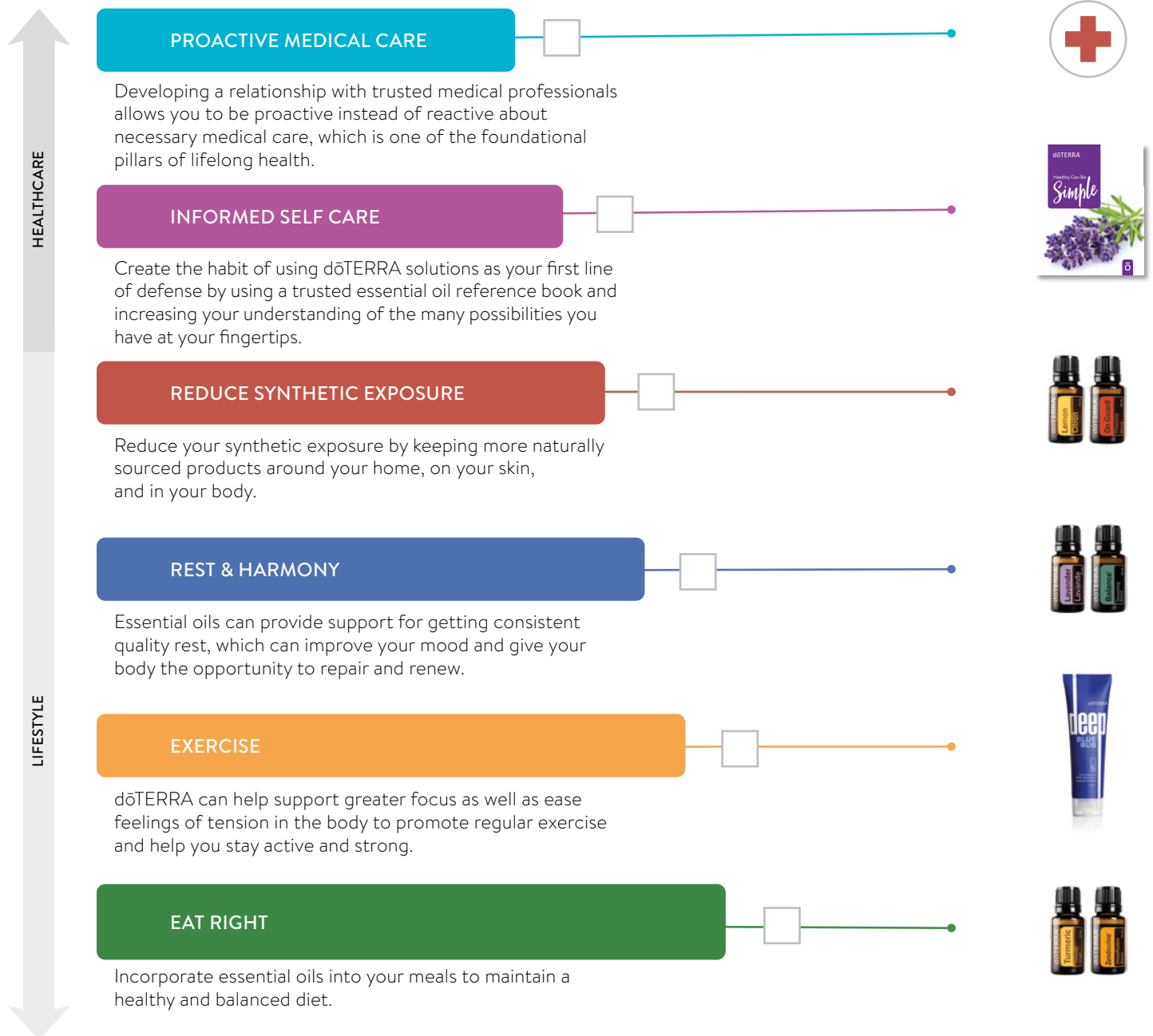
Customize your Healthy Habits Plan:

MORNING	DAYTIME	EVENING

Step 3: After 120 days, cross out anything that is no longer a problem for you. You might be surprised at the difference you notice one step at a time.

dōTERRA's Wellness Lifestyle Pyramid illustrates how wellness is a combination of lifestyle and healthcare. When lifestyle is the focus, health is naturally achieved and maintained. Your daily habits make all the difference. As you live these principles and use dōTERRA's powerful products, you experience new levels of wholeness.

Rate yourself in each area (1-10)



ONE GREAT PRODUCT, THREE GREAT USES

Whether you are using products **internally, topically, or aromatically**, dōTERRA's CPTG standard ensures only the highest quality of essential oils.



- Swish with two drops of Copaiba Oil and one drop of Peppermint Oil to freshen the breath and promote oral cleanliness.
- Place one to two drops of Copaiba under the tongue to encourage a general sense of well-being during periods of stress or nervousness.
- Take internally to help ease feelings of anxiousness.
- Add 1 to 2 drops to water, juice or tea.
- Diffuse two drops of Copaiba with four drops of Serenity to promote a calm and peaceful environment.
- Apply two to three drops and cover with Deep Blue™ to soothe sore, tired muscles after strenuous activity.
- Mix equal amounts of Copaiba Oil and Fractionated Coconut Oil and apply to restore stressed skin.

First & Last Name
Co-Applicant Name (if applicable)
ID No./Registration Number
Billing Address
Post Code

Date of Birth

Phone No. or Wellness Advocate No.

□ Family Essentials
+ Slim and Sassy

- Wholesale Customer Enrollment Fee
 - R445

[illegible]

*For S.A. Wholesale Customer Agreement, maximum enrollment cost is R200

- 🟡 **Daily Essentials:** Lavender, On Guard, Deep Blue, Frankincense, Lemon, Peppermint, ZenGest
- 🟡 **On Guard Collection:** On Guard 15mL, On Guard Hand Wash, On Guard Whitening Toothpaste
- 🟡 **Skin Care:** Veráge™ Skin Care System, Melaleuca, Lavender
- 🟡 **Essential Blend Collection:** On Guard 15mL, Deep Blue, Balance, Breathe, ZenGest

Qty	Product	
TOTAL		

☐ Ship to address above

(Note: Your first LRP shipment will begin the month following your enrollment.)

Credit Card No.	Verification Code	Expiration Date
Name as is appears on CC		

Billing Post Code

I want to be a Wholesale Customer of dōTERRA GH Ireland Limited as serviced by dōTERRA South Africa Propriety Limited. Please charge my payment method for the items and programs requested above. I have read and agree to the terms and conditions of this Wholesale Customer Agreement. I agree that I do not currently have an interest in any dōTERRA account.

Date _____