

Q1
2024

QUARTERLY
IMPACT
REPORT

dōTERRA
healinghands®

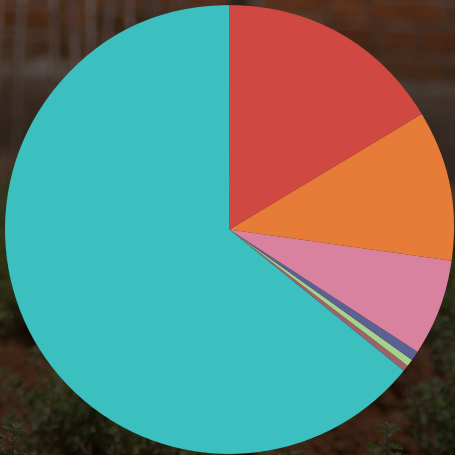


Empowering people
worldwide to be healthy,
safe, and self-reliant.

Welcome to a New Year of Empowering People Worldwide

2024 is already proving to be a year of incredible impact. We can't wait to see what the year holds. Read on to see what we've already accomplished this year, thanks to your support!

Q1 Total Donations



- U.S. \$913,116
- China \$233,138
- EMEA \$155,106
- Japan \$98,943
- Taiwan \$9,516
- Australia/ New Zealand \$6,500
- Thailand \$5,505



Since launching in 2022,
the 25 Collective has raised
\$659,954.40
to fund Co-Impact Sourcing and
other projects around the world!

Join the 25 Collective Facebook Community

Join the 25 Collective today!

Be part of our global impact.

Q1 saw exciting changes for the 25 Collective. As part of an update to member perks, we now have a 25 Collective Facebook group. This group is all about building a community for our donors as we share behind-the-scenes dōTERRA Healing Hands and Co-Impact Sourcing® content. Content includes posts from the dōTERRA® Co-Impact Sourcing team from their trips around the

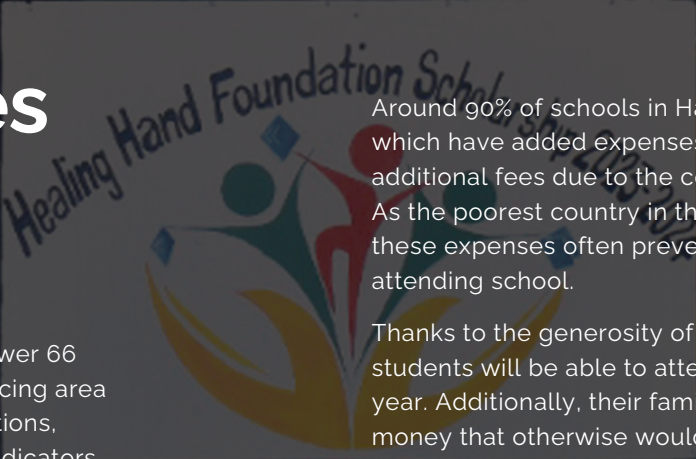
world in addition to regular updates on dōTERRA Healing Hands projects. More importantly, it's a place for donors to connect over their shared passion for making a difference in dōTERRA sourcing areas and other areas around the world.
Join the group today and become part of a community committed to doing more!



Creating Education Opportunities on the dōTERRA Incentive Trip

In February, qualified dōTERRA leaders embarked on an unforgettable cruise for the 2024 dōTERRA Incentive Trip. Not only did the cruise include amazing excursions, but participants also had the chance to engage in good with dōTERRA Healing Hands by donating to scholarships for students in Haiti.

In total, \$15,000 was raised, enough to empower 66 Haitian students in the dōTERRA Vetiver sourcing area to attend school. According to the United Nations, access to education is one of the strongest indicators of breaking poverty cycles. Unfortunately, for many families in Haiti, education is out of reach due to cost.



Around 90% of schools in Haiti are private schools which have added expenses. Even public schools have additional fees due to the cost of uniforms and books. As the poorest country in the Western Hemisphere, these expenses often prevent children from attending school.

Thanks to the generosity of dōTERRA leaders, 66 students will be able to attend school this coming year. Additionally, their families will benefit, freeing up money that otherwise would have gone towards school expenses. One student who was aided by a previous dōTERRA Healing Hands scholarship was 16-year-old Nagela.

Nagela lives with her aunt in southern Haiti. Her mother, who passed away recently, was passionate about education. She taught Nagela the importance of working hard in school so that she could have more opportunities in life. Thanks to a dōTERRA Healing Hands® scholarship, Nagela will be able to honor her mother's legacy. By gaining an education, Nagela's future is brighter and filled with opportunities.

On the 2024 dōTERRA Incentive Trip, leaders empowered **66 students** in dōTERRA Vetiver sourcing areas to gain an education.



Education in Nepal

Working with CHOICE Humanitarian, dōTERRA Healing Hands has provided 326 scholarships this year to students in Nepal. This is in addition to scholarships provided in previous years. These scholarships help students purchase necessities such as uniforms, stationery, and books. While these items may seem simple, the expense can be a barrier to entry for the most vulnerable students. Thanks to your donations, students in the dōTERRA® Wintergreen and Turmeric sourcing areas are able to attend school with these essential supplies. One of these students is 10-year-old Rajan Puri.

Rajan's parents passed away, leaving him in his grandparents' care. Working as manual laborers, his grandparents struggle to make ends meet. They do what they can to support Rajan's education, but it's difficult. With a dōTERRA Healing Hands scholarship, the financial strain of providing an education for Rajan is lifted. Now he can focus on his studies without worrying where funds will come from to provide for his school supplies.

This year, dōTERRA Healing Hands facilitated **326 scholarships** for underprivileged children in Nepal.

Little Friends Scholarships

with the dōTERRA Healing Hands Foundation Australia/New Zealand

The dōTERRA Healing Hands Foundation Australia/New Zealand (dHHFANZ) has been working with Friends with Dignity Australia over the past few years. This nonprofit supports children and adults impacted by domestic violence in their efforts to rebuild their lives with purpose, dignity, and hope. During Q1, dHHFANZ funded 13 Little Friends Scholarships through Friends with Dignity. These scholarships are awarded to children who have suffered at the hands of domestic violence. The scholarships can be applied towards school and/or extracurricular activities.

These scholarships fill an important need for single parents recovering from domestic violence. While these parents can receive some assistance from the government, they often need additional financial support. Through these scholarships, some of that burden is lifted, helping these families in a critical way. To date, dHHFANZ has funded 70 Little Friends Scholarships.

To date, the dōTERRA Healing Hands Foundation Australia/New Zealand has funded **70 scholarships** through Friends with Dignity.





Changing Lives Through Equine Therapy

From the outside, Courage Reins may look like a group of kids riding horses. But for participants in the Keep Kids Moving program, it's so much more. A nonprofit located in Highland, Utah, Courage Reins works to improve the lives of individuals with physical, mental, and emotional challenges through equine assisted therapies and activities. Talisha Christiansen, a Courage Reins employee and dōTERRA Wellness Advocate, decided to combine her passions for Courage Reins and dōTERRA to complete a Match project.

Through Talisha's Match project, 80 children with developmental delays or neurodiversity could participate in nine weeks of the Keep Kids Moving program. All program participants showed improvement in their personal goals related to physical achievement, social confidence and emotional regulation, and speech and communication.

Not only did the participants benefit from the program, but their families were also impacted. One mother shared that, after participating in the program, her son showed improved emotional control and focus. On days he rode, he could engage with family and friends with greater emotional regulation and concentration.

For the children in the Keep Kids Moving program, Courage Reins is an opportunity to receive additional support once they've aged out of state-funded, early intervention programs. Because of your donations and support of the dōTERRA Healing Hands® Match Program, these children and their families' lives were changed.

Through a Match project for Courage Reins, **276 lives** were impacted including volunteers, students, and their families.



Match Q1 Impact

\$337,093

Paid to Match
Program projects

5,180

Total lives
impacted

10

Projects
completed

25

Projects
funded

16

Projects
approved

Supporting Communities in Times of Crisis

Thanks to your purchase of 72-Hour Emergency Relief Hygiene Kits, dōTERRA Healing Hands® was able to offer support during times of crisis throughout Q1.

Q1 Disaster Relief Overview

575

Kits distributed

6

Wellness Advocates
requested kits

1

American State
received kits

1

Country
received kits

hope

During Q1, **124 law enforcement officers** participated in four Hope trainings.

Empowering Law Enforcement Officers Through the Hope Action Plan

The Hope action plan kicked 2024 off with law enforcement trainings in Texas, Oregon, Utah, and California. Through these four workshops, 124 officers were trained, empowering them to better combat human trafficking and victimization in their communities. About the trainings, officers shared:

- + "This will change my job completely and allow me to start way more investigations than I was able to before. Career changing."
- + "The training material and instructors was fantastic. The class was engaging, practical to real life, and provided a great deal of information. Some of the topics were advanced and the instructors did a great job explaining, answering questions, and teaching difficult topics to people like myself with little experience."
- + "The tools and knowledge I obtained will help me be more efficient and proactive during crimes against children investigations."

Thank you for engaging with the Hope action plan and empowering these officers in their fight against human trafficking and victimization.



Donation and Solicitation Disclosure

Florida A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE (800-435-7352) WITHIN THE STATE [of Florida]. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE. Registration #: CH48280.

ILLINOIS CONTRACTS AND REPORTS REGARDING THE CHARITY ARE ON FILE WITH THE ILLINOIS ATTORNEY GENERAL.

Maryland A copy of the current financial statement of the dōTERRA Healing Hands Foundation is available by writing 389 S 1300 W, Pleasant Grove UT 84062, or by calling (801) 437-7918. Documents and information submitted under the Maryland Solicitations Act are also available, for the cost of postage and copies, from the Maryland Secretary of State, State House, Annapolis MD 21401, (410) 974-5534.

Michigan Registration # 55179

NEW JERSEY INFORMATION FILED WITH THE ATTORNEY GENERAL CONCERNING THIS CHARITABLE SOLICITATION AND THE PERCENTAGE OF CONTRIBUTIONS RECEIVED BY THE CHARITY DURING THE LAST REPORTING PERIOD THAT WERE DEDICATED TO THE CHARITABLE PURPOSE MAY BE OBTAINED FROM THE ATTORNEY GENERAL OF THE STATE OF NEW JERSEY BY CALLING 973-504-6215 AND IS AVAILABLE ON THE INTERNET AT [HTTP://WWW.NJCONSUMERAFFAIRS.GOV/](http://www.njconsumeraffairs.gov/). REGISTRATION WITH THE ATTORNEY GENERAL DOES NOT IMPLY ENDORSEMENT.

North Carolina Financial information about this organization and a copy of its license are available from the State Solicitation Licensing Branch at 919-814-5400. The license is not an endorsement by the State.

Virginia A Financial Statement is available upon request from the Office of Charitable and Regulatory Programs P.O. Box 1163, Richmond, Virginia 23218 Phone 804-786-1343.

Washington dōTERRA Healing Hands Foundation, a Utah Non-Profit Corporation, is registered with the State of Washington Secretary of State Corporations and Charities Division. For further information please contact the Secretary of State at 360-725-0378 or www.sos.wa.gov/charities.

Power of One 100% of donations to the dōTERRA Healing Hands Foundation® are always given to aid because dōTERRA International covers the operating costs of the foundation. Of the donations used to support a Power of One project, 100% is used to empower the individuals in Cō-Impact Sourcing® supply chain areas for the current project. Once the fundraising goal for a Power of One project has been met, dōTERRA Healing Hands® will distribute additional donations raised among other projects in need of funding until the following quarter when next Power of One fundraiser launches and fundraising for that project begins.



#EngageInGood

©2024 dōTERRA Holdings, LLC, 389 South 1300 West,
Pleasant Grove, UT 84062 USA • [doterra.com](https://www.doterra.com)

Except as indicated, all words with trademark or registered
trademark symbols are trademarks or registered
trademarks of dōTERRA Holdings, LLC.