

# Natural Solutions for healthy, empowered living

dōTERRA

## Natural Solutions for healthy, empowered living

Do you need safe, effective, and affordable health solutions?

### YOU HAVE CHOICES

#### Modern Approach

- Designed to manage symptoms
- Made from isolated synthetic agents
- Side effects (known and unknown)
- \$6.5 trillion/year spent on global healthcare
- Are we healthier?

#### Natural Approach

- Addresses body's needs and root causes
- Extracted from plants
- Enhances wellness
- Is safe—benefits without side effects

and

#### ESSENTIAL OILS ARE EFFECTIVE

**MAGNIFIED**  
Peppermint Leaf Oil Sac

**CELL**  
Essential Oil Passes Through Cell Membrane

**3 lbs. Peppermint** = **15mL Bottle**

**Natural, Effective, and Safe**

- Contains natural compounds that are extracted and distilled from plants for various benefits.
- Comprised of hundreds of different compounds, utilizing complex and versatile abilities.
- Work with the body to address issues and root causes on a cellular level.
- Affordable. Pennies per dose!

#### dōTERRA IS SAFE AND PURE

Why a new standard of quality?

**Grades of Essential Oils**

**Tested and Trusted**

- Plants harvested in their natural habitat
- Verified pure, free of synthetic fillers and other adulterants

### HOW TO USE dōTERRA ESSENTIAL OILS

#### AROMATIC

Breathe in or diffuse to:

- Open airways
- Freshen the air

**PEPPERMINT**

- Cooling sensation
- Promote feelings of clear breathing
- Relieve occasional upset stomach when taken internally\*

#### TOPICAL

Apply to bottoms of feet or affected areas to target specific needs.

**DEEP BLUE®**

- Apply pre/post workout
- Use for calm and comforting massage
- Apply to muscles after a long day
- Use on lower back after heavy lifting

#### INTERNAL

Drop in water, under tongue, or into a veggie capsule and swallow.\*

**dōTERRA ON GUARD®**

- Serves as a powerful immune system support when ingested\*
- Diffuse to freshen the air

\*These statements have not been evaluated by the Food and Drug Administration.



# Do you need safe, effective, and affordable health solutions?

**Natural Solutions**  
for healthy, empowered living

Do you need safe, effective, and affordable health solutions?

**YOU HAVE CHOICES**

**Modern Approach**

- Designed to manage symptoms
- Made from isolated synthetic agents
- Side effects known and unknown
- \$6.6 trillion/year spent on global healthcare
- Are we healthier?

**ESSENTIAL OILS ARE EFFECTIVE**

**Natural, Effective, and Safe**

- Contains natural compounds that are extracted and distilled from plants for maximum benefits
- Composed of hundreds of different compounds, utilizing complex and versatile abilities
- Work with the body to address issues and root causes on a cellular level
- Affordable. Purses per drop!

**Natural Approach**

- Addresses body's needs and root causes
- Extracted from plants
- Enhances wellness
- Is safe—benefits without side effects

**Why a new standard of quality?**

**Grades of Essential Oils**

**Tested and Trusted**

- Points harvested in their natural habitat
- Verified pure free of synthetic fillers and other adulterants

**HOW TO USE dōTERRA ESSENTIAL OILS**

**AROMATIC**

Breathe in or diffuse to:

- Open airways
- Freshen the air

**TOPICAL**

Apply to bottoms of feet or affected areas to target specific needs:

**INTERNAL**

Drop in water, under tongue, or into a single capsule and swallow.

**PEPPERMINT**

- Cooling sensation
- Promote feelings of clear breathing
- Relieve occasional upset stomach when taken internally

**DEEP BLUE®**

- Apply pre-/post workout
- Use for calm and conditioning massage
- Apply to muscles after a long drive
- Use on lower back after heavy lifting

**dōTERRA ON GUARD®**

- Serves as a powerful immune system support when ingested
- Diffuse to freshen the air



# YOU HAVE CHOICES

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for healthy, empowered living

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- Extracted from plants
- Enhances wellness
- Is safe—benefits without side effects

**ESSENTIAL OILS ARE EFFECTIVE**

**Natural, Effective, and Safe**

- Contains natural compounds that are extracted and distilled from plants for natural benefits
- Composed of hundreds of different compounds, utilizing complex and versatile abilities
- Work with the body to address stress and root causes on a cellular level
- Affordable. Pennies per drop!

**Why a new standard of quality?**

**dōTERRA IS SAFE AND PURE**

**Grades of Essential Oils**

- SYNTHETIC**
- FOOD GRADE**
- 99%** (The primary quality of dōTERRA)

**Tested and Trusted**

- Plants harvested in their natural habitat
- Tested at a 5th level of synthetic flora and other adulterants

**HOW TO USE dōTERRA ESSENTIAL OILS**

**AROMATIC**

- Breathe in or diffuse for
- Open always
- Freshen the air

**PEPPERMINT**

- Cooling sensation
- Promote feelings of clear breathing
- Relieve occasional upset stomach when taken orally

**TOPICAL**

- Apply to locations of feet or affected areas to target specific needs

**DEEP BLUE®**

- Apply pre/post workout
- Use for calm and controlling massage
- Apply to muscles after a long day
- Use on lower back after heavy lifting

**INTERNAL**

- Drop in water, under tongue, or into a veggie capsule and swallow

**ON GUARD®**

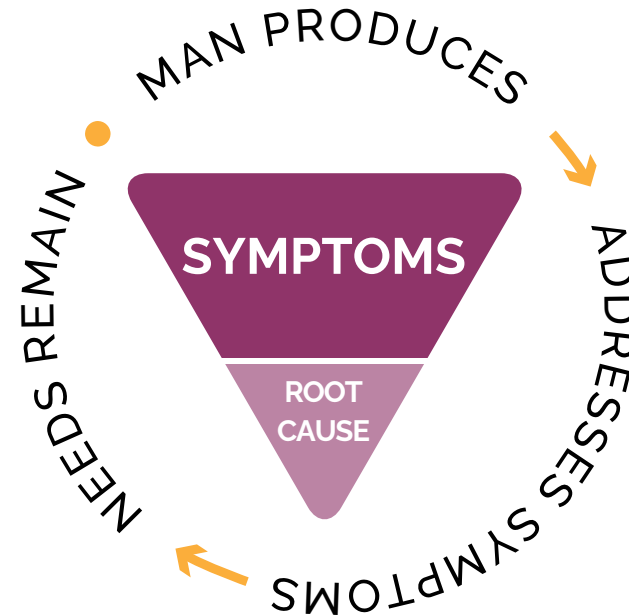
- Serve as a powerful immune system booster when ingested
- Diffuse to freshen the air



# YOU HAVE CHOICES

## Modern Approach

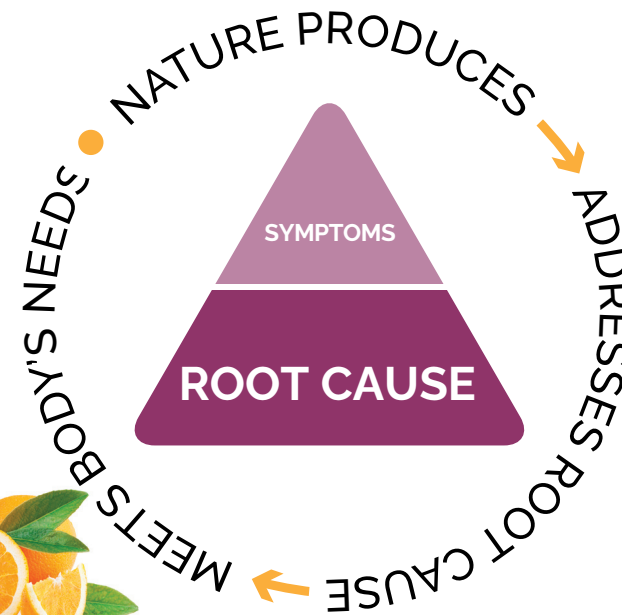
- Designed to manage symptoms
- Made from isolated synthetic agents
- Side effects (known and unknown)
- \$6.5 trillion/year spent on global healthcare
- Are we healthier?



# YOU HAVE CHOICES

## Natural Approach

- Addresses body's needs and root causes
- Extracted from plants
- Enhances physical and emotional health
- Safe benefits without side effects





1. What are essential oils?
2. How do you use essential oils?
3. How can you get them into your home?



# ESSENTIAL OILS ARE EFFECTIVE



# ESSENTIAL OILS ARE EFFECTIVE



- Contains natural aromatic compounds that are extracted and distilled from plants for health benefits.

Peppermint Leaf Oil Sac





# ESSENTIAL OILS ARE EFFECTIVE



- Comprised of hundreds of different compounds, utilizing complex and versatile abilities to combat threats without building up resistance.
- Work with the body to address issues and root causes on a cellular level.



# ESSENTIAL OILS ARE EFFECTIVE



**3 lbs.  
Peppermint**

**=**



**15mL Bottle**

- Affordable.  
Pennies per dose!



dōTERRA IS  
SAFE & PURE



# MOST TESTED. MOST TRUSTED.



**SYNTHETIC**

**FOOD GRADE**

**CPTG**<sup>®</sup> dōTERRA's Quality and Purity Standard

- Plants harvested in their natural habitat.
- Verified pure; free of synthetic fillers and other adulterants.
- Stringent third party testing ensures authenticity and potency.

## *Grades of Essential Oils*



# HOW TO USE dōTERRA ESSENTIAL OILS





## AROMATIC

Breathe in or use diffuser to:

- Open airways
- Set a mood
- Freshen the air



# HOW TO USE dōTERRA ESSENTIAL OILS | AROMATIC



## PEPPERMINT

- Provide an energizing aroma
- Promote feelings of clear breathing





## TOPICAL

Apply to bottoms of feet or affected areas to target specific needs.





# HOW TO USE dōTERRA ESSENTIAL OILS | TOPICAL



## DEEP BLUE®

- Apply pre/post workout
- Use for calm and comforting massage
- Apply to muscles after a long day
- Apply on lower back after heavy lifting





ONLY  
**CPTG®**  
OILS



## INTERNAL

Drop in water, under tongue, or into a veggie capsule and swallow.



# HOW TO USE dōTERRA ESSENTIAL OILS | INTERNAL



## dōTERRA ON GUARD®

- Serves as powerful immune system support when used internally\*
- Add to a morning smoothie



\* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



# HOW CAN ESSENTIAL OILS HELP YOU?





# Live Empowered





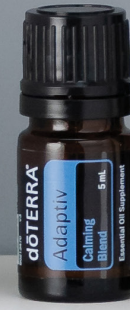
# Live Empowered



# BE PREPARED FOR ANYTHING



# BE REFRESHED WITH SELF-CARE

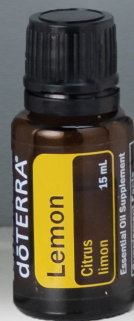




# BE HEALTHY WITH DAILY HABITS



# BE HEALTHY WITH DAILY HABITS



# WHAT ARE YOUR TOP HEALTH PRIORITIES?



I want to feel less:

1

2

3

I want to feel more:

1

2

3

ARE YOU READY TO  
DISCOVER SIMPLE SOLUTIONS?



# SIMPLE SOLUTION



dōTERRA  
**BREATHE®**  
RESPIRATORY BLEND

- Maintain feelings of easy breathing and clear airways
- Diffuse at night or during change of seasons



# SIMPLE SOLUTION



## DIGESTZEN® DIGESTIVE BLEND

- Maintain healthy gastrointestinal tract when ingested\*
- Help reduce bloating, gas, and occasional indigestion when taken internally\*
- Ease feelings of stomach upset when used internally\*

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# SIMPLE SOLUTION



## OREGANO

- Cleansing agent
- Support a healthy digestive system when used internally\*



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# SIMPLE SOLUTION



## TEA TREE

- Rejuvenate and cleanse skin
- Relieve skin irritation
- Clean surfaces





# SIMPLE SOLUTION



## LAVENDER

- Soothe irritated skin
- Promote restful sleep and calm the mind\*
- Create a calm, peaceful atmosphere
- Apply after a long day in the sun

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# SIMPLE SOLUTION



dōTERRA

## SERENITY® RESTFUL BLEND

- Diffuse to provide a calming aroma
- Create restful sleeping environment



# SIMPLE SOLUTION



## ADAPTIV® CALMING BLEND

- Provides a bright, sweet aroma
- Complement effective work and study
- Create a tranquil environment



# SIMPLE SOLUTION



## FRACTIONATED COCONUT OIL

- Unscented carrier oil
- Great for delivering essential oils to sensitive skin
- Sustained delivery on specific locations
- Use for dilution



# SIMPLE SOLUTION

## FRANKINCENSE

- Pre-clinical studies suggest support for healthy cellular function when taken internally\*
- Set a comforting, uplifting environment



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# SIMPLE SOLUTION



## LEMON

- Naturally cleanse body when ingested\*
- Clean surfaces and neutralize odors
- Soothe irritated throat\*



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# SIMPLE SOLUTION



dōTERRA

## TERRAZYME®

- Support healthy enzyme production for normal digestive process\*
- Promote nutrient absorption\*
- Speed conversion of food nutrients to cellular energy\*

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# SIMPLE SOLUTION



## DEEP BLUE STICK®

- Roll onto muscles
- Use before or after working out
- Soothe after a long workday





ARE YOU READY TO BE  
HEALTHY WITH  
DAILY HABITS?



# FOUNDATIONAL WELLNESS

VMG+  
30-day  
satisfaction  
guarantee



# SIMPLE SOLUTION

Need more energy and less discomfort to improve the quality of your life? Try these daily habits.

VMG+™ 1 sachet per day in water

EO Mega®+ 3 softgels daily

dōTERRA PB Restore® Probiotic defense\*: 1 capsule daily

dōTERRA TerraZyme® Digestive support\*: 1-2 capsules each meal

Lemon Cleansing\*: 3-5 drops in water 2-3x/day

Frankincense Cellular support\*: 2-3 drops in a capsule

dōTERRA On Guard® Immune support\*: 2-3 drops in a capsule

Deep Blue® Stick Soothing relief: apply pre/post workout



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# FOUNDATIONAL WELLNESS

## FOUNDATIONAL WELLNESS

Maximum nutrition for energy, focus, relief, and well-being.\*

- **VMG+™**: Essential nutrients and superfoods blend supplement.
- **EO MEGA®+**: Rich source of essential fatty acids.
- **dōTERRA PB RESTORE®**: 30 bioactive pre-, pro-, and postbiotics.

- Comprehensive nutrition
- Antioxidant and DNA protection\*
- Eye, brain, nervous system function\*
- Healthy inflammatory response\*
- More energy and less discomfort\*
- Cardiovascular health\*
- Immune function and metabolism\*
- Gut health and digestion\*

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dōTERRA

# LIFELONG VITALITY PACK® (LLV)

30-day satisfaction guarantee



## SIMPLE SOLUTION

Need more energy, less discomfort, and better mood to improve the quality of your life? Try these daily habits.

**dōTERRA Lifelong Vitality Pack®:** 2 capsules each with morning and noon meals

**dōTERRA TerraZyme®:** Digestive support\*: 1–3 capsules each meal

**Lemon:** Cleansing\*: 2–3 drops in water 2–3x/day

**Frankincense:** Cellular support\*: 2–3 drops under tongue and swallow

**dōTERRA On Guard®:** Immune support: 2–3 drops in water

**dōTERRA Breathe® Vapor Stick:** Apply to chest and breathe deeply to enjoy a cooling, invigorating vapor



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# LIFELONG VITALITY PACK (LLV)

## dōTERRA LIFELONG VITALITY PACK® (LLV)

Maximum nutrition for energy, focus, relief, and well-being.\*

- **MICROPLEX VMz®**: Bioavailable multivitamin and mineral
- **ALPHA CRS+®**: Antioxidant, cellular energy, and longevity\*
- **xEO MEGA®**: Omega 3-6-9 fatty acids and nine essential oils

- Antioxidant and DNA protection\*
- Eye, brain, nervous system function\*
- Healthy inflammatory response\*
- More energy, and less discomfort\*
- Comprehensive nutrition
- Cardiovascular health\*
- Immune function\*
- Digestive health\*



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**HOW DO YOU GET THESE  
LIFE-CHANGING OILS IN  
YOUR HOME?**





# CHOOSE THE BEST KIT FOR YOU:

## HEALTHY HABITS KIT

\$225.00  
160 PV†



SAVE  
\$75.00‡

\*Product points awarded after placing 50+PV subscription order the following month †Personal Volume. For most products \$1=1 PV ‡Savings off of wholesale price



# CHOOSE THE BEST KIT FOR YOU:

## HEALTHY START KIT

\$165.00  
105 PV†

SAVE  
\$55.00‡



\*Product points awarded after placing 50+PV subscription order the following month †Personal Volume. For most products \$1=1 PV ‡Savings off of wholesale price



# CHOOSE THE BEST KIT FOR YOU:

## NATURAL SOLUTIONS KIT

\$480.00  
375 PV†

SAVE  
\$160.00‡



\*Product points awarded after placing 50+PV subscription order the following month †Personal Volume. For most products \$1=1 PV ‡Savings off of wholesale price



# CHOOSE THE BEST KIT FOR YOU:

## HOME ESSENTIALS KIT

\$280.00  
245 PV†

SAVE  
\$93.99‡



\*Product points awarded after placing 50+PV subscription order the following month †Personal Volume. For most products \$1-1 PV ‡Savings off of wholesale price



# THE SMARTEST WAY TO BUY: **dōTERRA Rewards**

- Place a monthly subscription order of 50+ PV to earn free product points. Change or cancel any time.
- Percentage of free product points increases by 5 percent every three months, up to 30 percent!
- Receive the free Product of the Month with 125+ PV order placed by the fifteenth of the month.



Product returns: See dōTERRA return policy for details.

\*Product points awarded after placing 50+PV subscription order the following month †Personal Volume. For most products \$1=1 PV ‡Savings off of wholesale price



# Changing **LIVES**

WHOSE LIVES DO YOU WANT TO CHANGE?



A group of women in traditional, colorful clothing are hugging and smiling outdoors. The woman in the foreground is wearing a white long-sleeved blouse with red and blue floral embroidery and a red and black striped shawl. She is hugging another woman who is wearing a red and black striped shawl and a red headscarf with floral patterns. Other women in the background are wearing various traditional outfits, including a white blouse with a yellow and red striped collar and a white headscarf with an orange top. The background shows a building with a red roof and a paved area.

*"Every time you buy a bottle of dōTERRA essential oils, you are changing someone's life."*

*— Emily Wright, Founding Executive, Chair of the Board of Directors*



# WHOSE LIFE DO YOU WANT TO CHANGE?

## **CHANGE MY LIFE!**



**LIVE** *THE*  
*WELLNESS LIFESTYLE*

Get your *Live* Guide and schedule your Lifestyle Overview

- Get the best results with your products for you and your family.
- Maximize your wholesale membership benefits.





# WHOSE LIFE DO YOU WANT TO CHANGE?

## **CHANGE OTHERS' LIVES!**



**SHARE**  
*WITH OTHERS*

Get your *Share* Guide and schedule your Hosting Overview

- Host a class and help friends and family find natural solutions.
- Earn free products and more!



# WHOSE LIFE DO YOU WANT TO CHANGE?

## CHANGE MY FUTURE!



**BUILD**  
YOUR DREAMS  
& MAKE AN IMPACT

Get your *Build* Guide and schedule your Business Overview

- Launch your dōTERRA business with proven training and powerful support.
- Create additional income and greater flexibility in your life!†



# WHOSE LIFE DO YOU WANT TO CHANGE?



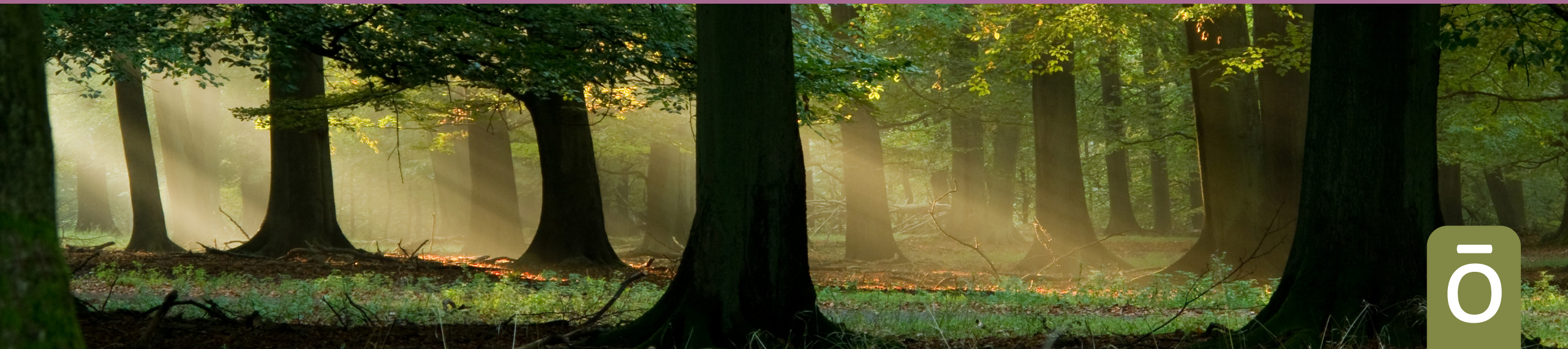
## YOU ARE CHANGING THE WORLD!

Every purchase changes the lives of growers and their communities for the better through dōTERRA Co-Impact Sourcing® and dōTERRA Healing Hands® Initiatives.





dōTERRA improves lives every day all around the world.  
Join us in making this world a healthier, happier place.



# IT'S SIMPLE TO SIGN UP

## Membership Form

dōTERRA®

First & Last Name		Date of Birth	
Co-Applicant Name (if applicable)		Email	
Address		Phone Number	
City		Enroller ID	
State/ZIP		Enroller Name	
Enrolling Sponsor	Phone No. or Wellness Advocate No.	Placement Sponsor (if different)	Phone No. or Wellness Advocate No.

Scan here to see all the kit details and additional enrollment kits.



Scan here to view current product availability



Membership Fee waived for the first year

Free shipping on first order over 100 PV

Wellness Advocate  Wholesale Customer

Product	Quantity	Item Price	Total Price
Subtotal:			
Tax:			
Grand Total:			

Set up RP  Subscribe and Save

I want to be a Wholesale Customer of dōTERRA International, L.L.C. I have read and agree to the terms and conditions found on the back of this form and online on doterra.com. I agree that I do not currently have an interest in any dōTERRA account.

Signature

Date

Membership Form US 072324



# Nature

EVERYTHING

WE NEED CAN BE FOUND THERE.

**Natural Solutions**  
for healthy, empowered living

Do you need safe, effective, and affordable health solutions?

**YOU HAVE CHOICES**

**Modern Options:** Prescription drugs, surgery, and other medical treatments can be expensive and may have side effects. Some people may not have access to these options.

**Natural Options:** Essential oils, herbs, and other natural products can be a safe and effective way to improve your health. They are often more affordable and have fewer side effects.

**ESSENTIAL OILS ARE EFFECTIVE**

**ESSENTIAL OILS ARE SAFE AND PURE**

**Why is pure essential oil quality?**

**How to Use DIVERSA Essential Oils**

**AROMATIC:** Inhale the scent of the oil to help with stress, anxiety, and mood.

**DIETARY:** Add a few drops of oil to your food or drink for a natural flavor and health benefits.

**DEEP RELAX:** Use a diffuser or a few drops in a warm bath to help you relax and unwind.

**DICTIONARY:** Use a few drops of oil in a carrier oil to massage into your skin for a variety of benefits.

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