

Natural Solutions for healthy, empowered living

Natural Solutions
for healthy, empowered living

dōTERRA

Do you need safe, effective, and affordable health solutions?

YOU HAVE CHOICES

Modern Approach

- Designed to manage symptoms
- Made from isolated synthetic agents
- Side effects (known and unknown)
- \$6.5 trillion/year spent on global healthcare
- Are we healthier?

Natural Approach

- Addresses body's needs and root causes
- Extracted from plants
- Enhances wellness
- Is safe—benefits without side effects

ESSENTIAL OILS ARE EFFECTIVE

Natural, Effective, and Safe

- Contains natural compounds that are extracted and distilled from plants for various benefits.
- Comprised of hundreds of different compounds, utilizing complex and versatile abilities to combat threats without building up resistance.
- Work with the body to address issues and root causes on a cellular level.
- Affordable. Pennies per dose!

dōTERRA IS SAFE AND 100% PURE

Why a new standard of quality?

Grades of Essential Oils

Most tested. Most trusted.

- Plants harvested in their natural habitat
- Verified pure: free of fillers and harmful contaminants
- Stringent third-party testing to ensure authenticity

HOW TO USE dōTERRA ESSENTIAL OILS

AROMATIC
Breathe in or diffuse to:

- Open airways
- Freshen the air

PEPPERMINT

- Cooling sensation
- Promote feelings of clear breathing
- Relieve occasional upset stomach

TOPICAL
Apply to bottoms of feet or affected areas to target specific needs.

DEEP BLUE®

- Apply pre/post workout
- Use for calm and comforting massage
- Apply to muscles after a long day
- Use on lower back after heavy lifting

INTERNAL
Drop in water, under tongue, or into a veggie capsule and swallow.

dōTERRA ON GUARD®

- Serves as a powerful immune system support
- Diffuse to freshen the air

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

How individual labels for ingredients, cautions, and instructions for use.



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ESSENTIAL OILS ARE EFFECTIVE

Natural, Effective, and Safe

- Contains natural compounds that are extracted and distilled from plants for various benefits
- Composed of hundreds of different compounds, creating complex and versatile abilities to combat illness without building up resistance
- Work with the body to address issues and root causes on a cellular level
- Adaptable. Permeate per about

Why a new standard of quality?

Grades of Essential Oils

Most tested, Most trusted.

- Plants harvested in their natural habitat
- Verified pure. Free of fillers and harmful contaminants
- Stringent third-party testing to ensure authenticity and potency

HOW TO USE dōTERRA ESSENTIAL OILS

AROMATIC
Breathe in or diffuse to
• Open airways
• Freshen the air

PEPPERMINT

- Cooling sensation
- Promote feelings of clear breathing
- Relieve occasional upset stomach

TOPICAL
Apply to bottoms of feet
or affected areas to target
specific needs.

DEEP BLUE®

- Apply post-workout
- Use for calm and clear breathing
- Apply to muscles after a long day
- Use on lower back after heavy lifting

INTERNAL
Drop in water, under
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ON GUARD®

- Serves as a powerful immune system support
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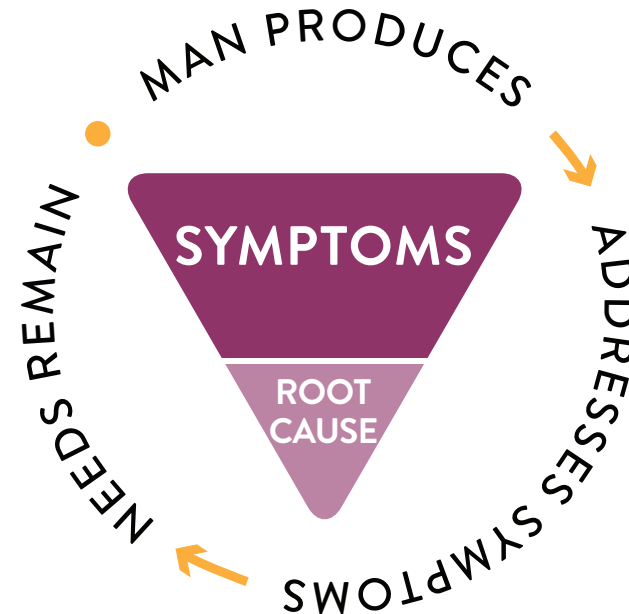
YOU HAVE CHOICES



YOU HAVE CHOICES

Modern Approach

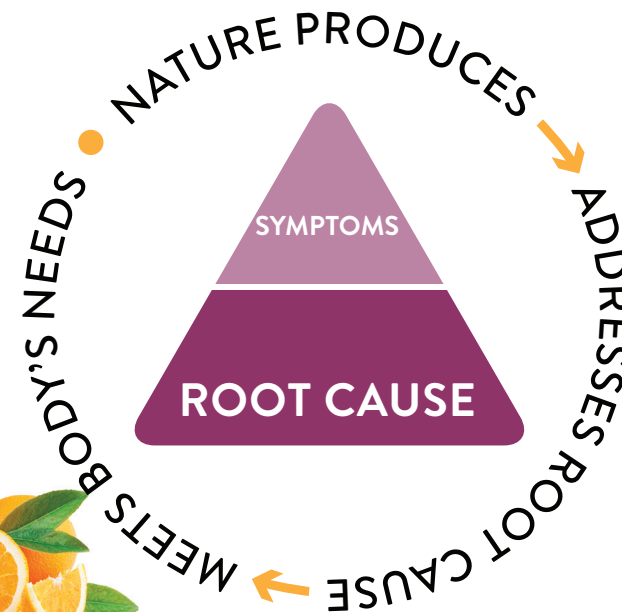
- Designed to manage symptoms
- Made from isolated synthetic agents
- Side effects (known and unknown)
- \$6.5 trillion/year spent on global healthcare
- Are we healthier?



YOU HAVE CHOICES

Natural Approach

- Addresses body's needs and root causes
- Extracted from plants
- Enhances physical and emotional health
- Safe benefits without side effects





1. What are essential oils?
2. How do you use essential oils?
3. How can you get them into your home?

ESSENTIAL OILS ARE EFFECTIVE



ESSENTIAL OILS ARE EFFECTIVE



- Contains natural aromatic compounds that are extracted and distilled from plants for health benefits.

Peppermint Leaf Oil Sac



ESSENTIAL OILS ARE EFFECTIVE



*Essential Oils
Pass Through
Cell Membrane*

- Comprised of hundreds of different compounds, utilizing complex and versatile abilities to combat threats without building up resistance.
- Work with the body to address issues and root causes on a cellular level.



ESSENTIAL OILS ARE EFFECTIVE



3 lbs.
Peppermint


=



15mL Bottle

- Affordable.
Pennies per dose!

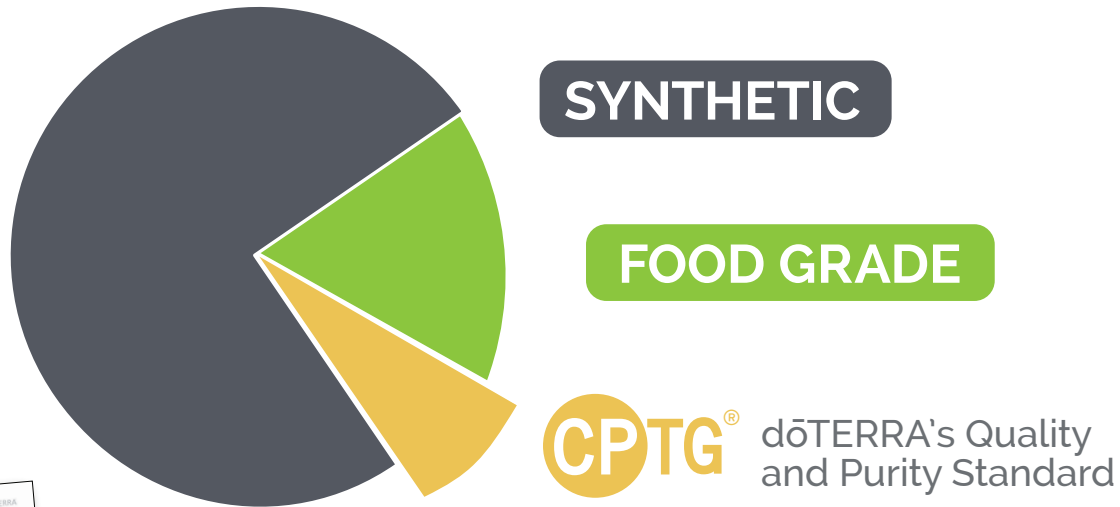


A woman with blonde hair, wearing a white t-shirt, is sitting at a kitchen counter and applying a small bottle of doTERRA essential oil to the foot of a young child with blonde hair. The child is sitting on the counter, wearing a blue t-shirt and camouflage shorts, and is smiling and looking towards the woman. The background shows a kitchen with a granite countertop, a large glass jar, and a dining area with a table and chairs. The text "dōTERRA IS SAFE AND 100% PURE" is overlaid in white capital letters across the upper right portion of the image.

dōTERRA IS SAFE AND 100% PURE



MOST TESTED. MOST TRUSTED.



- Plants harvested in their natural habitat.
- Verified pure; free of fillers and harmful contaminants.
- Stringent third party testing ensures authenticity and potency.

Grades of Essential Oils



HOW TO USE dōTERRA ESSENTIAL OILS





AROMATIC

Breathe in or use diffuser to:

- Open airways
- Boost mood
- Freshen the air



HOW TO USE dōTERRA ESSENTIAL OILS | AROMATIC



PEPPERMINT

- Cooling sensation
- Promote feelings of clear breathing
- Relieve occasional upset stomach





TOPICAL

Apply to bottoms of feet or affected areas to target specific needs.



HOW TO USE dōTERRA ESSENTIAL OILS | TOPICAL



DEEP BLUE®

- Apply pre/post workout
- Use for calm and comforting massage
- Apply to muscles after a long day
- Apply on lower back after heavy lifting





ONLY
CPTG®
OILS

INTERNAL

Drop in water, under tongue, or into a veggie capsule and swallow.



HOW TO USE dōTERRA ESSENTIAL OILS | INTERNAL



dōTERRA ON GUARD®

- Serves as a powerful immune system boost*
- Diffuse to cleanse the air

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HOW CAN ESSENTIAL OILS HELP YOU?





Live Empowered

BE PREPARED FOR ANYTHING



BE REFRESHED WITH SELF-CARE



BE HEALTHY WITH DAILY HABITS



WHAT ARE YOUR TOP HEALTH PRIORITIES?



I want to feel less:

1

2

3

I want to feel more:

1

2

3



ARE YOU READY TO
DISCOVER SIMPLE SOLUTIONS?



SIMPLE SOLUTION



dōTERRA

BREATHE® RESPIRATORY BLEND

- Maintain feelings of easy breathing and clear airways
- Diffuse at night or during change of seasons



SIMPLE SOLUTION



DIGESTZEN® DIGESTIVE BLEND

- Maintain healthy gastrointestinal tract*
- Help reduce bloating, gas, and occasional indigestion*
- Ease feelings of stomach upset

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SIMPLE SOLUTION



OREGANO

- Cleansing agent
- Support a healthy digestive system when used internally*

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SIMPLE SOLUTION



TEA TREE

- Rejuvenate and cleanse skin
- Relieve skin irritation
- Clean surfaces



SIMPLE SOLUTION



LAVENDER

- Soothe irritated skin
- Promote restful sleep and calm the mind*
- Create a calm, peaceful atmosphere
- Apply after a long day in the sun

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SIMPLE SOLUTION



dōTERRA SERENITY® RESTFUL BLEND

- Diffuse to promote relaxation and decrease stress
- Create restful sleeping environment



SIMPLE SOLUTION



FRACTIONATED COCONUT OIL

- Unscented carrier oil
- Great for delivering essential oils to sensitive skin
- Sustained delivery on specific locations
- Use for dilution



SIMPLE SOLUTION



ADAPTIV®

- Help boost mood
- Complement effective work and study
- Increase feelings of tranquility



SIMPLE SOLUTION



FRANKINCENSE

- Pre-clinical studies suggest support for healthy cellular function
- Set a comforting, uplifting environment



SIMPLE SOLUTION



LEMON

- Naturally cleanse body*
- Clean surfaces and neutralize odors
- Soothe irritated throat*

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SIMPLE SOLUTION



DIGESTZEN

TERRAZYME®

- Support healthy enzyme production for normal digestive process*
- Promote nutrient absorption*
- Speed conversion of food nutrients to cellular energy*

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SIMPLE SOLUTION



DEEP BLUE STICK®

- Roll onto muscles
- Use before or after working out
- Soothe after a long workday

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**ARE YOU READY TO BE
HEALTHY WITH
DAILY HABITS?**



dōTERRA
LIFELONG
VITALITY PACK® (LLV)

#1
PRODUCT

30-day
satisfaction
guarantee



SIMPLE SOLUTION

Need more energy, less discomfort, and better mood to improve the quality of your life? Try these daily habits.

dōTERRA Lifelong Vitality Pack®: 2 capsules each with morning and noon meals

DigestZen TerraZyme®: Digestive support: 1–3 capsules each meal

Lemon: Cleansing: 2–3 drops in water 2–3x/day

Frankincense: Cellular support: 2–3 drops under tongue and swallow

dōTERRA On Guard®: Immune support: 2–3 drops in water

dōTERRA Breathe® Vapor Stick: : Apply to chest and breathe deeply to enjoy a cooling, invigorating vapor

PB Assist®+: Probiotic defense: 1 capsule/day



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LIFELONG VITALITY PACK (LLV)

- **MICROPLEX VMz[®]**: Bioavailable multivitamin and mineral
 - **ALPHA CRS[®]+**: Antioxidant, cellular energy, and longevity*
 - **xEO MEGA[®]**: Omega 3-6-9 fatty acids and nine essential oils
-
- | | |
|--|---------------------------|
| • Antioxidant and DNA protection* | • Comprehensive nutrition |
| • Eye, brain, nervous system function* | • Cardiovascular health* |
| • Healthy inflammatory response* | • Immune function* |
| • More energy, and less discomfort* | • Digestive health* |



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**HOW DO YOU GET THESE
LIFE-CHANGING OILS IN
YOUR HOME?**



CHOOSE THE BEST KIT FOR YOU:

HEALTHY HABITS KIT

\$195.00
125 PV[†]

SAVE
\$113.20[‡]



*Product points awarded after placing 50+PV LRP order the following month †Personal Volume. For most products \$1=1 PV ‡Savings off of wholesale price



CHOOSE THE BEST KIT FOR YOU:

HEALTHY START KIT

\$160.00
100 PV†

SAVE
\$25.00‡



*Product points awarded after placing 50+PV LRP order the following month †Personal Volume. For most products \$1=1 PV ‡Savings off of wholesale price



CHOOSE THE BEST KIT FOR YOU:

NATURAL SOLUTIONS KIT

\$450.00
345 PV†

SAVE
\$239.90‡



*Product points awarded after placing 50+PV LRP order the following month †Personal Volume. For most products \$1=1 PV ‡Savings off of wholesale price



CHOOSE THE BEST KIT FOR YOU:

HOME ESSENTIALS KIT

\$270.00
235 PV†

SAVE
\$122.50‡



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THE SMARTEST WAY TO BUY: **Loyalty Rewards**

- Place a monthly LRP order of 50+ PV to earn free product points. Change or cancel any time.
- Percentage of free product points increases by 5 percent every three months, up to 30 percent!
- Receive the free Product of the Month with 125+ PV order placed by the fifteenth of the month.



OR



Starting
Product
Point%:

10%

15%

20%

25%

30%

Product returns: See dōTERRA return policy for details.

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Changing **LIVES**

WHOSE LIVES DO YOU WANT TO CHANGE?



*"Every time you buy a bottle of dōTERRA essential oils,
you are changing someone's life." — Emily Wright*



WHOSE LIFE DO YOU WANT TO CHANGE?

☐ **CHANGE MY LIFE!**



LIVE *THE*
WELLNESS LIFESTYLE

Get your *Live* Guide and schedule your Lifestyle Overview

- Get the best results with your products for you and your family.
- Maximize your wholesale membership benefits.



WHOSE LIFE DO YOU WANT TO CHANGE?

☐ **CHANGE OTHERS' LIVES!**



SHARE
WITH OTHERS

Get your *Share* Guide and schedule your Hosting Overview

- Host a class and help friends and family find natural solutions.
- Earn free products and more!



WHOSE LIFE DO YOU WANT TO CHANGE?

☐ CHANGE MY FUTURE!



BUILD AN INCOME
& MAKE AN IMPACT

Get your *Build* Guide and schedule your Business Overview

- Launch your dōTERRA business with proven training and powerful support.
- Create lasting residual income and greater freedom in your life![†]

[†]Results vary. See dōTERRA Opportunities and Earnings Summary at doterra.com.



WHOSE LIFE DO YOU WANT TO CHANGE?



YOU ARE CHANGING THE WORLD!

Every purchase changes the lives of growers and their communities for the better through dōTERRA Co-Impact Sourcing® and dōTERRA Healing Hands Foundation® Initiatives.



dōTERRA improves lives every day all around the world.
Join us in making this world a healthier, happier place.



IT'S SIMPLE TO SIGN UP

[illegible]

Nature

WAS MAN'S FIRST REMEDY.

EVERYTHING

WE NEED CAN BE FOUND THERE.

