



ESSENTIAL OIL
SOLUTIONS
with dōTERRA

Why Fiber is Essential Plus, the History of Ginger

What are some of the benefits of a fiber-rich diet?

How much fiber should you be getting every day?

What are some of the results of having a low-fiber diet?

How is the dōTERRA Fiber different from other fiber supplements?

How are you looking forward to trying Ginger essential oil in your home?
