

Utilizing Yarrow Pom and the Incredible Fennel

Why are Yarrow oil and Pomegranate Seed oil such a powerful combination?

How does Shaunna like to include using Yarrow Pom topically in her routine?

What are some of Scott and Shaunna's favorite ways to use Yarrow Pom internally?

How was fennel used in Ancient Greece and Rome?

What role does fennel play in the myth of Prometheus?