



ESSENTIAL OIL
SOLUTIONS
with dōTERRA

Vitamins and Supplements

Why do I need supplements, even if I eat a whole foods diet?

List one reason why dōTERRA supplements are different from any other supplements out there on the market:

What are the four supplements Justin mentioned that can be your supplemental foundation?

Justin's suggestions for kids and teenagers when it comes to supplements:

Which supplements do you want to add to your routine and why?

Justin's point of caution when starting supplements:
