



Showing Your Digestive System Some Love and the History of Hinoki

What are some lifestyle choices that negatively impact your digestive health?

What are some lifestyle choices that can positively impact your digestive health?

Which essential oils does Scott like to use to support his digestive system?

Which digestive-supporting supplements does Scott like to incorporate into his routine?

What are some of the ways Hinoki has been used historically?

How are you looking forward to using Hinoki in your home?
