



Oils, Massage, and Self Care with Mindy Bowser

Are you supposed to customize the AromaTouch Technique for each individual person? For example, if you need to skip an oil in the AromaTouch Technique, should you replace it with another one?

In addition to the oils in the AromaTouch Technique, what oils does Mindy recommend using for massage?

What was Mindy's special tip using PastTense?

What were some of Mindy's tips for succeeding in the AromaTouch Technique Certification Course?

What were some of Mindy's suggestions for getting experience with the AromaTouch Technique, or getting your team involved?
