



ESSENTIAL OIL  
SOLUTIONS  
with dōTERRA

## Living a Budget Wellness Lifestyle

What were Beth's tips for sticking to a budget for natural eating?

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What's a good way to replace toxic products in your home?

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What are Beth's three principles for a budget wellness lifestyle?

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Which dōTERRA products does Beth use regularly?

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What do you want to do to live a more budget wellness lifestyle?

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