



ESSENTIAL OIL
SOLUTIONS
with dōTERRA

MetaPWR Recharge

Why is just drinking water not enough to stay properly hydrated?

List one or two things that electrolytes do to help keep your systems regulated:

What is the ratio of sodium to potassium in MetaPWR Recharge?

List other electrolytes included in MetaPWR Recharge:

What is one way that MetaPWR Recharge is different from other hydration supplements on the market?

Name one other ingredient in MetaPWR Recharge, besides electrolytes:
