



ESSENTIAL OIL  
SOLUTIONS  
with doTERRA

## Holiday Atmospheres and A Look At The History Of Clove

Describe an environment that stresses you out:

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Describe an environment that makes you feel peaceful and happy:

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List a diffuser blend you'd like to try:

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Describe the cozy atmosphere you'd like to implement for the holidays:

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Name your favorite historical fact about the use of clove:

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