



ESSENTIAL OIL
SOLUTIONS
with dōTERRA

dōTERRA® Products for Hydrated Glowing Skin and A Look at Balsam Fir

Why is it important to keep skin hydrated?

List some essential oils that help with maintaining skin hydration in your complexion:

List some dōTERRA products that help the body stay hydrated:

Two favorite facts about Balsam Fir:
