



ESSENTIAL OIL  
SOLUTIONS  
with dōTERRA

## Don't Miss Out On BOGOs!

How does Stephanie like to use Roman Chamomile?

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How does Emily incorporate Lavender into her routine?

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How can Peppermint become a part of your daily routine?

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How does Stephanie's family like to use dōTERRA On Guard?

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What are ways you can use dōTERRA Breathe?

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What is Emily's favorite way to use dōTERRA Balance?

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