



ESSENTIAL OIL
SOLUTIONS
with dōTERRA

Creating a Holiday Environment and a Look at Balsam Fir

What does Samantha recommend to affect your environment?

What oils does she like to use to create a peaceful environment?

Which oils are her favorite to create a positive environment?

How was balsam fir tree used in traditional wellness practices?

What is some of the symbolism around the balsam fir tree?

How are you looking forward to using Balsam Fir?
