



ESSENTIAL OIL
SOLUTIONS
with dōTERRA

All-Natural Cleaning Plus the History of Lemon

Name one of the ways that cleaners can get into our systems:

How can I make sure my cleaners are safe?

List some dōTERRA cleaning products that Lauren mentions:

What is one of the simple DIYs from the episode that you'd like to try?

Name your favorite fact from the history of Lemon:
