

A Look at the New dōTERRA SuperMint Blend

What are the oils inside the new dōTERRA Supermint?

What are some of the ingredients Tricia recommends staying away from?

What makes Japanese Peppermint different from regular Peppermint?

What are some of the things that spearmint is said to symbolize?

What are some of the cultures that utilized peppermint in their traditional wellness practices?
