



Dr. Osguthorpe on the Yeast in MetaPWR Advantage

Why did dōTERRA choose to use a yeast complex in MetaPWR Advantage?

How does the yeast in MetaPWR and the yeast in a loaf of bread?

Why is the yeast complex such a good source for NMN?

What makes the yeast extract in dōTERRA MetaPWR Advantage unique?

How does Dr. Osguthorpe describe the difference between *Saccharomyces cerevisiae* and the *Candida* species of yeast?
