



## VMG+™ | Whole-Food Nutrient Complex

Net wt 9.95 oz / 282 g

30 Sticks

60228990

## Primary Benefits

- + Supports overall health and wellness, especially when taken with EO Mega®+ and dōTERRA PB Restore®\*
- + Provides essential vitamins and minerals to help fill the gap between diet and recommendations in order to meet nutritional goals\*
- + May help support energy production and boost energy levels when taken as a multivitamin and mineral supplement, as suggested by clinical research\*
- + Helps maintain important bodily processes for overall health and well-being with vitamins and minerals\*
- + May support bodily system health, including the cardiovascular, circulatory, digestive, endocrine, immune (healthy inflammatory response), nervous, musculoskeletal, reproductive, respiratory, and urinary systems\*
- + Promotes healthy skin and nails with vitamins A and C and biotin\*

## Description

VMG+ Whole-Food Nutrient Complex is an advanced, all-in-one daily nutritional powdered drink designed to optimize foundational wellness while tasting great. It features over 90 high-quality ingredients, including whole-food vitamins and minerals, fruits, vegetables, digestive enzymes, probiotics, CPTG Certified Pure Tested Grade® essential oils, and other beneficial nutrients. This clean, vegan, and gluten-free formula delivers essential macro- and micronutrients that the body relies upon to support daily energy levels, immune system function, gut health and digestion, liver function, hormone function, and brain function.\*

VMG+ combines 3 products in 1, integrating benefits from Alpha CRS®+, Microplex VMz® (Vegan), and a greens superfood blend. It includes 5 proprietary blends to support foundational wellness:

1. **Nutrition Blend:** Includes plant-derived vitamins, minerals, and essential botanical cofactors.
2. **Superfood Blend:** Promotes foundational health and vitality with phytonutrients, antioxidants, vitamins, minerals, and other nutrients.\*
3. **Cellular Support Blend:** Supports cellular health and antioxidant defenses.\*
4. **Biotransformation Blend:** Provides biologically enhanced nutrients via biotransformation.\*
5. **Bioavailability Boosting Blend:** Enhances absorption and retention of micronutrients, according to preclinical research.\*

Perfect for those seeking convenient and comprehensive nutrition, VMG+ is easy to incorporate into your daily routine with its delicious taste and easy-to-use stick format. Strengthening your health's foundation for lifelong vitality has never been simpler or more effective.\*

## Directions

Take 1 stick per day. Add stick contents to 5–8 ounces of cold water or the liquid of your choice. Avoid adding to hot drinks. Shake or stir before drinking.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Cautions

Consult your physician before use if you are pregnant or nursing, have a medical condition, or take any medication. Keep out of reach of children. Do not use if the safety seal is broken or missing.

Supplement Facts				
Serving Size 1 Stick (9.4 g) Servings per Container 30				
	Amount per Serving	% Daily Value*		
Calories	15			
Total Carbohydrate	8 g	3%		
Dietary Fiber	4 g	14%		
Protein	2 g			
Vitamin A (as Beta-carotene from Blakeslea trispora)	630 mcg	70%		
Vitamin C	60 mg	67%		
Vitamin D (as Cholecalciferol from Algae)	13 mcg	63%		
Vitamin E	11 mg	73%		
Vitamin K (as K <sub>2</sub> Menaquinone-7 from fermented Chickpea)	18 mcg	15%		
Thiamin	1.1 mg	92%		
Riboflavin	0.88 mg	67%		
Niacin	13.25 mg	83%		
Vitamin B <sub>6</sub>	0.85 mg	50%		
Folate ((6S)-5-methyltetrahydrofolic acid Glucosamine salt)	600 mcg DFE	150%		
Vitamin B <sub>12</sub> (as Methylcobalamin)	20 mcg	817%		
Biotin	21 mcg	70%		
Pantothenic Acid	4.3 mg	86%		
Calcium	45 mg	3%		
Iron (as Liposomal Iron Pyrophosphate)	3 mg	17%		
Iodine (from Kelp (Laminaria japonica) plant extract)	105 mcg	70%		
Zinc	6 mg	51%		
Selenium	29 mcg	52%		
Manganese	1 mg	52%		
Chromium	30 mcg	86%		
Sodium	20 mg	1%		
Copper	25 mcg	3%		
Nutrition Blend:	500 mg	**		
Amla ( <i>Embolica officinalis</i> ) fruit extract, Guava ( <i>Psidium guajava</i> ) fruit extract, Moringa ( <i>Moringa oliefera</i> ) leaf extract, Lemon peel extract				
Superfood Blend:	1370 mg	**		
Barley grass powder, Spirulina Powder, Purslane extract, Brussels ( <i>Brassica oleracea</i> ) sprout extract, Cranberry ( <i>Vaccinium suhg. oxycoccos</i> ) fruit juice concentrate, Apple ( <i>Malus domestica</i> ) fruit juice concentrate, Strawberry fruit juice concentrate, Sweet cherry ( <i>Prunus avium</i> ) fruit juice concentrate, Black currant fruit juice concentrate, Amla ( <i>Embolica officinalis</i> ) fruit extract, Raspberry fruit juice concentrate, Elderberry ( <i>Sambucus nigra</i> ) fruit juice concentrate, Acerola ( <i>Malpighia glabra</i> ) fruit extract, Acai ( <i>Euterpe oleracea</i> ) fruit powder, Kale ( <i>Brassica oleracea</i> ) juice powder, Celery stem juice powder, Green cabbage ( <i>Brassica oleracea var viridis L.</i> ) juice powder, Maqui berry ( <i>Aristotelia chilensis</i> ) fruit powder, Spinach ( <i>Spinacia oleracea L.</i> ) juice concentrate, Artichoke ( <i>Cynara scolymus L.</i> ) flower powder				
Bioavailability Boosting Blend:	4515 mg	**		
Gum acacia, Guar gum, Fructooligosaccharide, Sunflower lecithin, Apple fiber, <i>Latilactobacillus sakei</i> TCI147 (500 million CFU), <i>Lactiplantibacillus plantarum</i> TCI837 (500 million CFU), <i>Lactocaseibacillus paracasei</i> TCI727 (500 million CFU), <i>Lactobacillus johnsonii</i> TCI 369 (50 million CFU), Ginger root oil, Lavender ( <i>Lavandula angustifolia</i> ) flowering tops oil, Lemongrass aerial parts oil, Peppermint aerial parts oil, Wild Orange peel oil				
Cellular Support Blend:	320 mg	**		
L-Methionine, Betaine anhydrous, Sea buckthorn ( <i>Hippophae rhamnoides</i> ) fruit extract, N-Acetyl-Cysteine, Cauliflower floret juice powder, Coenzyme Q10, Apple ( <i>Malus pumila</i> ) fruit powder, Pomegranate fruit extract, Turmeric rhizome extract, Grape ( <i>Vitis vinifera L.</i> ) seed extract, Lemon balm ( <i>Melissa officinalis</i> ) leaf extract, Ginger root extract, Black Chokeberry ( <i>Aronia melanocarpa</i> ) fruit juice concentrate, Pine ( <i>Pinus pinaster</i> ) bark extract, Grape ( <i>Vitis vinifera L.</i> ) skin extract, Burdock ( <i>Arctium lappa</i> ) root powder				
Biotransformation Blend:	1970 mg	**		
Pea protein, Rice vinegar, Bromelain (from pineapple), Actinidin (from kiwi fruit extract), Papain (from papaya), Blueberry ( <i>Vaccinium angustifolium</i> ) fruit powder, White grape ( <i>Vitis vinifera</i> ) fruit powder, Cranberry ( <i>Vaccinium oxycoccos</i> ) fruit powder, Apple ( <i>Malus pumila</i> ) fruit powder, Carrot ( <i>Daucus carota</i> ) root powder, Red grape ( <i>Vitis vinifera</i> ) fruit powder, Red Bayberry ( <i>Myrica rubra</i> ) fruit powder, Mulberry ( <i>Morus alba</i> ) fruit powder, Passionfruit ( <i>Passiflora edulis</i> ) fruit powder, Pineapple ( <i>Ananas comosus</i> ) fruit powder, Lemon ( <i>Citrus limon</i> ) fruit extract, Broccoli ( <i>Brassica oleracea</i> ) stem powder, Moringa ( <i>Moringa oliefera</i> ) leaf extract, Asparagus ( <i>Asparagus officinalis</i> ) stem powder				
* % Daily Value based on a 2,000-calorie diet				
** Daily Value not established				

Other Ingredients: Citric Acid, Rebaudioside A, Pineapple Juice Concentrate, Mango Extract, Natural Flavors

Note: Consult your physician before use if you are pregnant or nursing, have a medical condition, or take any medication. Keep out of reach of children. Do not use if the safety seal is broken or missing.