

# Tamer®

## Digestive Blend 10 mL Roll-On

# dōTERRA®

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Tested Grade®

**Application:** **A** **T** **N**

**Ingredients:** Fractionated Coconut Oil, Spearmint, Japanese Peppermint, Ginger, Black Pepper, Parsley Seed

**Aromatic Description:** Spicy, sweet, minty

### PRIMARY BENEFITS

- May ease the effects of motion sickness when used aromatically
- Provides soothing affects to the skin, particularly the abdomen, when used in massage

#### Tamer®

Digestive Blend 10 mL Roll-On

60209356

Also available in:  
dōTERRA Kids Collection

60211246

### PRODUCT DESCRIPTION

Wherever your journey takes you, whether near or far from home, Tamer Digestive Blend is truly valuable to have on hand. Tamer contains the unique benefits of essential oils including Spearmint, to uplift and improve mood; Japanese Peppermint, with menthol to soothe and cool skin; and Ginger, with it's calming aroma, all perfectly blended with Fractionated Coconut Oil. Tamer Digestive Blend is a synergistic blend of oils known for their ability to ease the effects of motion sickness when inhaled or applied topically. Tamer, part of the dōTERRA Kids Collection, is ideal for both children and adults.

### USES

- Keep on hand in purse, briefcase, or child's backpack.
- Take on a road trip to ease the effects of motion sickness.
- Apply to the stomach or bottoms of feet after eating a large meal.

### DIRECTIONS FOR USE

**Aromatic use:** Roll on to diffusing jewelry, natural dolomite, or lava diffusing rocks.

**Topical use:** Apply to desired area. Intended for use with adult supervision.

### CAUTIONS

Keep out of reach of children under 3. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth, and sensitive areas.