

dōTERRA® Sweet Dreams Pack

dōTERRA®

PRODUCT INFORMATION PAGE

CONTENTS

- dōTERRA Serenity® Softgels (30-day supply)
- dōTERRA Serenity® 15 mL
- Roam® Diffuser

PRODUCT DESCRIPTION

dōTERRA® Sweet Dreams is a simple, natural way to support you in getting the rest you deserve. Sleep is essential to recover from the demands of daily life. Quality sleep is vital to feeling your best every day. Sweet Dreams contains three key products to support your bedtime routine—dōTERRA Serenity® Restful Complex Softgels, dōTERRA Serenity® Restful Blend 15 mL and the Roam® Diffuser.

dōTERRA Serenity Restful Complex combines the well-researched, relaxing benefits of CPTG® Lavender essential oil and L-Theanine along with lemon balm, passionflower, and chamomile to gently promote relaxation and sleep.* Take one to two softgels before bed to help you get the sleep you need without leaving you feeling groggy and sleepy the next day.*

dōTERRA Serenity Restful Blend combines CPTG essential oils renowned for their ability to create a restful environment including Lavender, Cedarwood, Ho Wood, and Vetiver. The blend's gentle aroma creates a tranquil, peaceful atmosphere, just right for a before-bed ritual. Apply dōTERRA Serenity topically, use in a massage, add to a bath, put a drop on your pillow, or diffuse as you prepare for sleep.

It's easy to transform your bedroom into a calming aromatic environment just by adding a few drops of dōTERRA Serenity to the **Roam Diffuser**. Beautiful, powerful, wireless, and rechargeable, using this diffuser can help you get the refreshing sleep you need.

To maximize your results, use these products together to create your own ultimate sleep sanctuary. Sweet Dreams!

DIRECTIONS FOR USE, INGREDIENTS AND CAUTIONS

See individual Product Information Pages (PIPs).



Sweet Dreams Pack

dōTERRA Serenity® Softgels (30-day supply), dōTERRA Serenity® 15 mL, Roam® Diffuser

Part Number: 60212645

Wholesale: \$88.50

Retail: \$118.00

PV: 40

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.