dōTERRA Serenity® Bedtime Kit

Description

When sweet slumber is what you’re after, the dōTERRA Serenity Bedtime Kit offers an ideal pathway to rest. This kit includes everything to prepare for an undisturbed night’s sleep—a Mulberry Sleep Mask, dōTERRA Serenity Linen Mist, and samples of dōTERRA Serenity Restful Complex Softgels. Start your journey with dōTERRA Serenity Softgels, a unique combination of CPTG® Lavender essential oil and other natural plant extracts including L-theanine and tart cherry to help you get the refreshing sleep you need without feeling groggy the next morning.* Next, transform your room into a peaceful bedtime oasis with the comforting aroma of dōTERRA Serenity Linen Mist, a blend of CPTG Lavender, Cedarwood, Ho Wood, Ylang Ylang, Roman Chamomile, ‘Iliahi (Hawaiian Sandalwood), and Vetiver essential oils. Add a wonderfully soft, cool, 100% pure mulberry silk eye mask to help block out light and you’ll be ready to slip off to delightful dreamland.

Directions, Cautions, and Ingredient information can be found on individual PIPs.

Primary Benefits

+ The Mulberry Silk Eye Mask blocks out light with soft, cool comfort.
+ The doTERRA Serenity Restful Complex Softgels provide a unique combination of Lavender essential oil, L-theanine, and tart cherry for relaxation.*
+ The doTERRA Serenity Mist creates a tranquil atmosphere with a comforting and calming aroma.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.