

Sandalwood

Santalum album 5 mL

dōTERRA®

Product Information Page



CPTG Certified Pure Tested Grade®

Application: A T I N

Plant Part: Wood

Extraction Method: Steam distillation

Aromatic Description: Woody, dry, sweet

Main Chemical Composition: α -santalol, β -santalol

Sandalwood | *Santalum album* 5 mL

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Primary Benefits

- + Provides a grounding, meditative aroma
- + Creates a positive atmosphere
- + Promotes healthy-looking, smooth skin
- + Reduces the appearance of skin imperfections

Description

Sandalwood is a name given to a class of fragrant woods that, unlike other aromatic woods, can retain their fragrance for decades. Both the wood and oil have been highly valued for centuries and sandalwood has a documented history of many applications. Traditionally used as an incense in religious ceremonies, Sandalwood essential oil has a sweet, woody, grounding aroma. Sandalwood is very beneficial to the skin; reducing the appearance of skin imperfections and promoting a healthy, smooth complexion.

Uses

- + Add one to two drops to face, cover with a towel, and hover over a large bowl of steaming water for an at-home steam facial.
- + Apply one to two drops to wet hair as part of your haircare routine.
- + Inhale directly from palms or diffuse for a calming aroma.

Directions

Aromatic use: Add three to four drops to diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity.

Internal use: Dilute one drop in four fluid ounces of liquid.

See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.