

Peppermint

Mentha piperita

Essential Oil Softgels

dōTERRA®

Product Information Page



Peppermint | *Mentha piperita*

60 Enteric Coated Softgels

60209244

Primary Benefits

- + Supports healthy digestive function*
- + Soothes stomach, colon, and intestinal discomfort*
- + May help regulate gut flora*

Description

Peppermint Softgels encapsulate CPTG® Peppermint essential oil in an enteric-coated softgel to promote digestive health.* High in menthol, dōTERRA Peppermint essential oil has clinically demonstrated its ability to help ease and relax the gastrointestinal muscles and calm the stomach and intestinal tract, when taken internally.* The softgels support healthy function of the digestive system and help reduce occasional gas, bloating, and other digestive difficulties.* The softgel's enteric coating allows the active ingredients to pass through the stomach and reach the small intestines where they are most effective.*

Directions

Adults: Take up to 2 softgels before meals.

Children 8 years or older: Take 1 softgel before meals. For best results, take 30 to 60 minutes before meals.

Cautions

Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Do not use if safety seal is missing or broken. Store in a cool dry place.

Ingredients

Peppermint, Gelatin, Glycerin, Water, Food glaze, Sodium alginate, Carnauba wax

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.