

Northern Escape

Woodland Blend 15 mL

dōTERRA®

Product Information Page



CPTG Certified Pure Tested Grade®

Application: A T N

Ingredients: Black Spruce, Siberian Fir, Balsam Fir, Lavandin, Cedarwood, Cypress, Hinoki, Frankincense, Nootka, Cananga, and Clove

Aromatic Description: Fir, spicy, resinous

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Primary Benefits

- + Provides a grounding and inspiring aroma
- + Refreshes the home or office throughout the day
- + Creates a tranquil, positive space

Description

The rush of everyday life is forgotten as you fill your home with the inspiring, fresh aroma of Northern Escape Woodland Blend. The harmony of CPTG® Black Spruce, Siberian Fir, Balsam Fir, Lavandin, Cedarwood, Cypress, Hinoki, Frankincense, Nootka, Cananga, and Clove essential oils creates a familiar and beautiful outdoor ambiance. High in the chemical constituent alpha-pinene, the aroma of Northern Escape may provide a relaxing environment. The blend also contains bornyl acetate, a chemical component that research indicates may be a beneficial cleaning agent and is known for giving fir trees their distinctive aroma. Whether diffused, applied topically, or used as a surface cleaner, Northern Escape is a refreshing addition to your home.

Uses

- + Diffuse to create a refreshing environment.
- + Blend with Fractionated Coconut Oil to enhance a soothing massage.
- + Add to an unscented body wash or surface cleaner.

Directions

Aromatic use: Use three to four drops in the diffuser of your choice.

Topical use: Apply one to two drops to desired area. See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.