dōTERRA® On Guard™ Mouthwash

Ingredient sheet



Ingredients	Function	Source	Rating	Possible Concerns	Our Products
Water	Base	Purified Water	•	None	
Xylitol	Flavoring/ Cleansing Agent	Plant	•	Some pets have a negative reaction	Not intended for pets
Glycerin	Humectant	Plant	Ø	None	
Cyclodextrin	Flavoring Agent	Plant	•	None	
Citrus aurantium dulcis (Orange) Peel Oil	Essential Oil	Plant	•	None	
Eugenia caryophyllus (Clove) Bud Oil	Essential Oil	Plant	•	None	
Cinnamomum zeylanicum (Cinnamon) Bark Oil	Essential Oil	Plant	⊘	None	
Cinnamomum zeylanicum (Cinnamon) Leaf Oil	Essential Oil	Plant	•	None	
Eucalyptus globulus (Eucalyptus) Leaf/Twig Oil	Essential Oil	Plant	•	None	
Rosmarinus officinalis (Rosemary) Leaf/Stem Oil	Essential Oil	Plant	•	None	
Gaultheria procumbens (Wintergreen) Leaf/Stem Oil	Essential Oil	Plant	•	Some individuals may be sensitive	Use as instructed
Mentha piperita (Peppermint) Leaf/Stem Oil	Essential Oil	Plant	•	None	
Commiphora myrrha (Myrrh) Oil	Essential Oil	Resin	•	None	
Salvadora persica (Miswak) Bark/Root Extract	Oral Care Agent	Plant	•	None	
Siraitia grosvenorii (Monk Fruit) Fruit Extract	Flavoring Agent	Plant	•	None	
Sodium Chloride (Salt)	Flavoring Agent	Mineral	•	None	
Sodium Citrate	pH adjuster	Mineral	•	None	
Benzoic Acid	pH Adjuster	Plant	•	None	
Citric Acid	pH adjuster	Plant Ferment	•	Potential Skin Sensitivity	Low safe amount, neutralized in product



Mouthwash Ingredient Scale Serious concerns at all levels 🔞 Serious concerns at higher levels 🔞 Potential concerns at higher levels ▼ Potential concerns
▼ No concerns