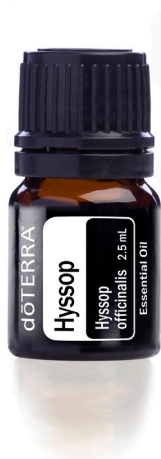


# Hyssop

*Hyssopus officinalis* 2.5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Tested Grade™

**Application:** **A** **T** **N**

**Plant Part:** Flower/Leaf/Stem

**Extraction Method:** Steam distillation

**Aromatic Description:** Soft, floral, camphoraceous

**Main Chemical Components:** 1,8-Cineole, Linalool

## PRIMARY BENEFITS

- Refreshing aroma
- Creates a calming environment

### Hyssop

*Hyssopus officinalis* 2.5 mL

Part Number: 60214380

Wholesale: \$19.50

Retail: \$26.00

PV: 19.5

## PRODUCT DESCRIPTION

A member of mint family, Hyssop was regarded by both the Greeks and the Hebrews as a sacred herb, and is mentioned several times in the Old Testament. In fact, it is known as one of oldest herbs used by human beings. Hyssop is a small shrub with dark green leaves and purple flowers. The Latin word *hyssopus* is likely related to the Hebrew *azob* meaning “holy herb.” The plant is commonly used by beekeepers to produce a rich, aromatic honey. CPTG Certified Pure Tested Grade™ Hyssop essential oil can be used in a diffuser to complement a meditation ritual. Inhale deeply and experience the refreshing aroma. Massage into skin for soothing comfort after strenuous activity.

## USES

- Add a few drops to a spray bottle with water and spray on surfaces or hands for a quick DIY cleaner.
- Apply to wrists and ankles while hiking for an herbal aromatic experience.
- Diffuse to freshen the air.
- Mix four drops of *Arborvitae*, two drops of *Lemon*, and two drops of *Hyssop* in an 8-ounce bottle for an aromatic wood polish.
- Use during meditation for an aroma of peace and calm.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

**Topical use:** Apply one to two drops to desired area.

Dilute with a carrier oil to minimize any skin sensitivity.

See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children.

If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

