

# Ylang Ylang

*Cananga odorata* 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Tested Grade®

**Application:** A T I N

**Plant Part:** Flower

**Extraction Method:** Steam distillation

**Aromatic Description:** Sweet, rich, spicy

**Main Chemical Components:** Germacrene D,  $\beta$ -Caryophyllene, farnesene

## PRIMARY BENEFITS

- Provides antioxidant support when used internally†
- Promotes a calming, positive atmosphere

**Ylang Ylang**  
*Cananga odorata* 15 mL  
30240001

## PRODUCT DESCRIPTION

Ylang Ylang essential oil is derived from the star-shaped flowers of the tropical Ylang Ylang tree and is used extensively in making perfumes and in aromatherapy. Similar to Jasmine, Ylang Ylang has been used for centuries in religious and wedding ceremonies. In aromatherapy, Ylang Ylang is used to create a calm, positive atmosphere. Ylang Ylang is frequently used in luxurious hair and skin products for its scent and nourishing and protective properties. Taken internally, Ylang Ylang provides antioxidant support.† Ylang Ylang blends well with Bergamot, Geranium, Grapefruit, and Vetiver.

## USES

- Combine a few drops with Epsom salts and use in warm water for a relaxing bath.
- Use in a steam facial to refresh skin.
- Put on wrists for a sweet, floral perfume.
- Mix with a carrier oil for a deep hair conditioner.

## DIRECTIONS FOR USE

**Aromatic use:** Add three to four drops to the diffuser of choice.

**Internal use:** Dilute one drop in 4 fluid ounces of liquid.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.