

Vegan Microplex VMz®

Food Nutrient Complex

Made with SLS-free vegetable capsules

PRODUCT DESCRIPTION

dōTERRA Vegan Microplex VMz Food Nutrient Complex is a food nutrient formula of bioavailable vitamins and minerals that are deficient in our modern diets. This product provides the same benefits as Microplex VMz, but is sourced from vegan-friendly sources. The formula includes a balanced blend of essential dietary antioxidants vitamins A, C, and E, the mineral selenium, and an energy complex of B vitamins presented in a patented glycoprotein matrix. Vegan Microplex VMz also contains chelated minerals including calcium, magnesium, and zinc for optimal bone and metabolic health.* Vegan Microplex VMz contains the dōTERRA tummy tamer botanical blend of Peppermint, Ginger, and Caraway to calm the stomach for those who may have experienced stomach upset with other vitamin and mineral products.* Vegan Microplex VMz is encapsulated using sodium lauryl sulfate-free vegetable capsules.

CONCEPT

While it is abundantly clear that diets in the United States and in many developed countries include adequate and even an overabundance of calories, a growing body of evidence shows that even as we eat more, we are obtaining less of the essential nutrients vital for optimal health. Over-processed, calorie-rich, nutrient-poor food choices threaten to make us fat even as our bodies are deprived of vitamins, minerals, and other essential nutrients. The American Medical Association acknowledges the prudence of taking nutritional supplements, admitting that while “the clinical syndromes of vitamin deficiencies are unusual in Western societies, suboptimal vitamin status is not” (*Journal of the American Medical Association*, June 19, 2002).

Vegan Microplex VMz is a comprehensive array of vitamins and minerals presented in a food nutrient complex that are essential for normal growth, function, and maintenance of cells.* Vegan Microplex VMz provides a balanced blend of essential antioxidant vitamins A, C, and E; an energy complex of B vitamins; and 20 mcg of vitamin D.* It also contains important chelated minerals for metabolism and the essential bone nutrients calcium, magnesium, and zinc.*

Patented Glycoprotein Matrix

Most of the vitamins and minerals absorbed in our bodies come from the food we eat. Sometimes vitamins and minerals are isolated or synthetically produced and may become more difficult for our bodies to recognize and absorb as food nutrients. Several B vitamins in Vegan Microplex VMz are produced in a patented glycoprotein matrix to help promote bioavailability. To make a vitamin glycoprotein compound, a vitamin is introduced to a culture of lactobacillus and yeast. As it grows, the yeast metabolizes and binds the vitamin into its protein matrix, making the vitamin more recognizable as food in the digestive process.



CPTG Certified Pure Tested Grade™

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

