PRODUCT DESCRIPTION

As a key botanical of the traditional Ayurvedic health practices of India, turmeric root and turmeric essential oil have a long history that has inspired modern uses of turmeric today. Steam distilled from the turmeric root, Turmeric essential oil has two unique chemical components, Turmerone and ar-Turmerone. Most commonly known for their nervous system benefits, these components make internal use of Turmeric essential oil a staple in your daily health routine.† Turmeric is beneficial both internally and aromatically. Advantageous to the immune system, ingested Turmeric may have soothing benefits that promote a positive immune response.† Turmeric can help to promote clear, smooth, and radiant-looking skin. Take Turmeric daily to support healthy immune function and response along with healthy circulation.† In addition to the many benefits of Turmeric essential oil, Turmeric acts as a great burst of flavor to your favorite savory meals.

USES

- Take internally for daily antioxidant support and to improve immune response.†
- Use internally as metabolic support when trying to get back on track.†
- Use as a spot treatment or an all-over face mask to help reduce the appearance of blemishes or for a healthy-looking overall glow.
- Diffuse for a warm, earthy aroma.
- Incorporate into your recovery routine for a soothing massage after strenuous activity.†

DIRECTIONS FOR USE

Aromatic use: Use three to four drops in the diffuser of your choice.

Internal use: Dilute one drop in 4 fluid ounces of liquid.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.