Tangerine
Citrus reticulata 15 mL

PRODUCT DESCRIPTION
Tangerine has a long history of use in Chinese culture and herbal health practices. The essential oil supports healthy digestion and metabolism when used internally.* Tangerine has a sweet, tangy aroma, similar to other citrus oils, that is uplifting. Tangerine is known for its cleansing properties, and for supporting a healthy immune and respiratory system when ingested.* A popular and flavorful addition to desserts and drinks—from water to fruit smoothies—Tangerine can be used in any recipe calling for citrus fruits.

USES
• Place one to two drops in the palm of your hand, rub together, and cup over the nose and mouth for 30 seconds or diffuse throughout the room.
• Apply to flex points or abdomen.
• Add one to two drops as a flavoring in cake and cookie recipes.
• Add one to two drops in water, smoothies, teas, or lemonade for flavoring.

DIRECTIONS FOR USE
Diffusion: Use three to four drops in the diffuser of choice.
Internal use: Dilute one drop in four fluid ounces of liquid.
Topical use: Apply one to two drops to desired area.
Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS
Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Application: ATIN
Plant Part: Peel/Rind
Extraction Method: Cold pressed
Aromatic Description: Tangy, sweet, fresh
Main Chemical Components: Limonene

PRIMARY BENEFITS
• Internal use supports healthy digestion and metabolism*
• Cleansing and purifying
• Take internally to support a healthy immune system*
• Creates an inspiring environment

Part Number: 49440001
Wholesale: $15.00
Retail: $20.00
PV: 15

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