

# Slim & Sassy®

Metabolic Blend 15 mL

# dōTERRA®

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Therapeutic Grade®

**Application:** A T L S

**Ingredients:** Grapefruit Peel, Lemon Peel, Peppermint Plant, Ginger Root, and Cinnamon Bark essential oils.

**Aromatic Description:** Minty, spicy, herbal

## PRIMARY BENEFITS

- Promotes healthy metabolism when ingested\*
- Helps manage hunger cravings when taken with water\*
- Diuretic-, stimulant-, and calorie-free

### Slim & Sassy®

Metabolic Blend 15 mL

Part Number: 31370001

Wholesale: \$24.50

Retail: \$32.67

PV: 24.5

\*Also available as a softgel

## PRODUCT DESCRIPTION

Slim & Sassy, our proprietary metabolic blend, combines powerful essential oils known to promote a healthy metabolism when ingested.\* The flavorful blend of Slim & Sassy taken with water helps manage cravings throughout the day while supporting healthy metabolism in a natural way.\* Its flavor and aroma also promote a positive mood. Slim & Sassy contains Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon. When taken internally with a healthy eating and exercise plan, Slim & Sassy Metabolic Blend can help you reach your weight management goals.\*

## USES

- Add to water or tea and drink before working out for a revitalizing boost.
- Consume with water before meals to help control appetite and overeating.\*
- Take internally as a part of a healthy weight management program.\*
- Add a few drops to Slim & Sassy TrimShake or V Shake.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

**Internal use:** Dilute four drops in 4 fl. oz. of liquid.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.