dōTERRA Serenity®
Restful Blend 15 mL

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PRODUCT DESCRIPTION
The newly updated dōTERRA Serenity Restful Blend has a calming and relaxing aroma that provides a unique user experience. This perfectly balanced, tranquil blend can be sensed immediately, transporting the user to a state of blissful repose. dōTERRA Serenity combines essential oils renowned for their ability to create a restful environment at bedtime. Apply one to two drops to the hands and inhale throughout the day to help reduce life’s daily stressors, or diffuse at night to help quiet a restless baby or child. The addition of Cedarwood, Ho Wood, and Vetiver essential oils gives dōTERRA Serenity a grounding aroma that encourages a tranquil atmosphere when it’s time to wind down. dōTERRA Serenity can be used in conjunction with dōTERRA Serenity Restful Complex Softgels. Diffusion of the dōTERRA Serenity essential oil blend creates a relaxing environment while the softgels promote a restful night’s sleep.*

USES
• Diffuse at night to calm a restless baby or child.
• Apply to bottoms of feet at bedtime to help unwind before going to sleep. Use in conjunction with dōTERRA Serenity Restful Complex Softgels for an enhanced effect.
• Inhale directly from hands or diffuse throughout the day for a soothing aroma.
• Add two to three drops into a warm bath with Epsom salts to create a relaxing, renewing experience.
• Apply two to three drops to the back of the neck or on the heart for feelings of peace.

DIRECTIONS FOR USE
Diffusion: Use three to four drops in the diffuser of choice. Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS
Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

Application: A T N
Ingredients: Lavender Flower, Cedarwood, Ho Wood Leaf, Ylang Ylang Flower, Marjoram Leaf, Roman Chamomile Flower, Vetiver Root, Vanilla Bean Absolute, Hawaiian Sandalwood Wood
Aromatic Description: Warm, floral, herbal

PRIMARY BENEFITS
• Creates a restful environment at bedtime
• Calming and soothing aroma
• Encourages a tranquil atmosphere

dōTERRA Serenity®
Restful Blend 15 mL
Part Number: 49530001
Wholesale: $32.00
Retail: $42.67
PV: 32

Serenity Combo Pack
15 mL bottle and 1 bottle of dōTERRA Serenity® softgels
Part Number: 60200524
Wholesale: $45.00
Retail: $60.00
PV: 40

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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.