Hawaiian Sandalwood
Santalum paniculatum 5 mL

PRODUCT DESCRIPTION
From a renewable source in Hawaii, dōTERRA's amazing Hawaiian Sandalwood essential oil delivers a variety of benefits, including smoothing skin and enhancing moods. With thousands of years of documented use, this oil has a high value to many users. Hawaiian Sandalwood has a rich, sweet, woody aroma that instills calmness and well-being, making it a perfect oil to incorporate into massage or aromatherapy. Hawaiian Sandalwood is very soothing and beneficial to the skin, making it highly sought after in body and skin care products. Research suggests Hawaiian Sandalwood helps with the appearance of skin imperfections. In addition to being soothing and beneficial to the skin, Hawaiian Sandalwood provides these same effects to mood, helping to lessen tension and promote emotional well-being.

USES
• Diffuse or apply to the neck and shoulders at bedtime for a restful night’s sleep.
• Add one to two drops to your favorite moisturizer or night cream for smooth, glowing skin.
• Add one to two drops to a hot bath to promote relaxation and lessen tension.

DIRECTIONS FOR USE
Diffusion: Use three to four drops in the diffuser of choice.
Internal use: Dilute one drop in four fluid ounces of liquid.
Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

PRIMARY BENEFITS
• Promotes healthy-looking, smooth skin
• Creates a positive atmosphere
• Frequently used in meditation for its grounding aroma

CAUTIONS
Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

Application: Steam distillation
Aromatic Description: Rich, honey, sweet, woody
Main Chemical Components: α-santalol, β-santalol, cis-lanceol