

# Rose

*Rosa damascena* 5 mL

dōTERRA®

Product Information Page



CPTG Certified Pure Tested Grade®

**Application:** A T S

**Plant Part:** Flower

**Extraction Method:** Steam distillation

**Aromatic Description:** Floral, sweet, earthy

**Main Chemical Composition:** Citronellol, Geraniol, Nonadecane, Nerol

**Rose** | *Rosa damascena* 5 mL

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## Primary Benefits

- + Provides a soothing and uplifting aroma
- + Helps balance moisture levels in the skin and reduce the appearance of skin imperfections
- + Promotes an even skin tone and healthy-looking complexion

## Product Description

*Rosa damascena*, more commonly known as the Damask rose, is a small shrub with thorny stems. Originally from the Syrian capital Damascus, it is highly sought after for its many properties. Before the sun crests the horizon in Bulgaria, workers can be found in fields harvesting the delicate bloom of the *Rosa damascena*. The labor-intensive production process has a very low yield; takes more than 10,000 freshly picked rose blossoms to produce only one 5 mL bottle of Rose essential oil. Because the petals are so delicate, the distillation process must happen the same day that the flower is harvested. From this labor comes an essential oil known for its sweet floral aroma, beautiful and romantic. Diffuse Rose essential oil for a comforting, yet stimulating environment. Use topically to help balance moisture levels in skin, reduce the appearance of skin imperfections, and promote a healthy-looking and even skin tone.

## Uses

- + Combine one to two drops with the dōTERRA moisturizer of your choice and apply to the face, neck, and décolletage.
- + Apply one drop to skin imperfections twice daily.
- + Diffuse in the morning for a sweet, floral aroma.

## Directions

**Aromatic use:** Add three to four drops to the diffuser of your choice.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity.

See additional precautions below.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.