# Pink Pepper Schinus molle 5 mL

# dōTERRA®

#### PRODUCT INFORMATION PAGE



Application: Δ T I N Plant Part: Fruit Extraction Method: Steam distilled Aromatic Description: Spicy, fruity, slightly woody Main Chemical Components: Limonene, α-Phellandrene, Myrcene

## PRIMARY BENEFITS

- When used internally, it may support healthy immune, digestive, and respiratory systems\*
- Internal use may be relaxing to the nervous system\*

Pink Pepper Schinus molle 5 mL Part Number: 60207016

### **PRODUCT DESCRIPTION**

The pink peppercorn, while similar in appearance to black peppercorn apart from the color, is closely related to cashews. The "molle," or pink peppercorn tree, was considered a sacred tree to ancient Incans. Indigenous populations used all parts of the tree, including the pink peppercorn fruit, as herbal solutions to health needs. Pink Pepper essential oil is well known for its ability to help support a healthy metabolism and immune system when taken internally.\* Pink Pepper may also help the body maintain healthy cellular function and overall cellular health.\* Limonene and  $\alpha$ -Phellandrene, two of the main chemical components of Pink Pepper essential oil, may be calming to the nervous system.\* Additionally, Limonene may help support healthy blood sugar and cholesterol levels already in the normal range when taken internally.\*

#### USES

- Create a soothing massage by combining one to two drops with dōTERRA Fractionated Coconut Oil.
- May help calm and soothe the nervous system when taken internally.\*
- Blend with citrus or floral oils to create an invigorating aroma.
- May help promote healthy cellular immune function and response when consumed.\*

#### DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Internal use: Dilute one drop in 4 fl. oz. of liquid.

**Topical use:** Apply one to two drops to desired area. Dilute with carrier oil to minimize any skin sensitivity. See additional precautions below.

#### CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.