

PastTense[®]

Tension Blend 15 mL

dōTERRA[®]

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade[®]

Application: A | T | N

Ingredients: Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil, Rosemary

Aromatic Description: Fresh, mint, herbal

PRIMARY BENEFITS

- Provides a calming and comforting aroma
- Soothes and cools skin

PastTense[®]
Tension Blend 15 mL
60215812

PRODUCT DESCRIPTION

Whether you're worried about an upcoming test, or a first date, PastTense can help you stay centered and grounded. With Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil, and Rosemary, this fresh, minty blend has a soothing effect. PastTense provides an aroma of relaxation and tranquility. Apply to the neck, shoulders, or behind the ears and breathe in the cooling, comforting aroma of PastTense.

USES

- Massage into shoulders, neck, and back for a cooling, soothing sensation.
- Add to temples and back of neck before taking a test or presenting in public for a calming aroma.
- Apply to the wrists while traveling for a relaxing aroma.

DIRECTIONS FOR USE

Topical use: Apply to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.