

Palmarosa

Cymbopogon martinii 5 mL

dōTERRA®

Product Information Page



CPTG Certified Pure Tested Grade®

Application: A T S

Plant Part: Grass

Extraction Method: Steam distillation

Aromatic Description: Fresh, rosy, floral

Main Chemical Components: Geraniol, Geranyl Acetate

Palmarosa | *Cymbopogon martinii* 5 mL

This product is not available for purchase.

Primary Benefits

- + Provides a soft, floral, rosy aroma
- + Delivers a comforting, yet stimulating experience when used in massage
- + Supports clean, healthy-looking skin

Description

CPTG® Palmarosa essential oil has a fresh, softly sweet, floral aroma similar to rose. Though its name, Palmarosa, makes it sound like it might be a tree or a rose plant, this essential oil actually comes from a grass that is dried then steam distilled. As a grass that can grow almost 10 feet tall, and with its bright, shining aroma, it's no wonder the plant requires abundant sunshine to grow. Palmarosa essential oil contains a high percentage of geraniol, which is one of the same primary aroma constituents in Rose essential oil. Palmarosa is often found in cosmetic and skin care products.

Uses

- + Diffuse anytime to create a welcoming atmosphere.
- + Dilute in a carrier oil as part of a relaxing massage.
- + Add to a soothing Epsom salt bath.
- + Combine with your favorite dōTERRA cleanser.

Directions

Diffusion: Add a few drops to your favorite dōTERRA diffuser.

Topical use: Apply 1-2 drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity.

See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.