Palmarosa
*Cymbopogon martinii* 5 mL

**PRODUCT DESCRIPTION**

Palmarosa essential oil has a bright and cleansing aroma that smells slightly sweet and floral. Though its name, Palmarosa, makes it sound like it might be a tree or a rose plant, Palmarosa essential oil actually comes from a grass that is dried then steam distilled to create this fresh, clear to pale yellow essential oil. As a grass that can grow almost 10 feet tall, and with its bright, shining aroma, it’s no wonder the plant requires abundant sunshine to grow. Palmarosa essential oil contains a high percentage of geraniol, which is one of the same primary aroma constituents in Rose essential oil. One of nature’s skin rejuvenators, Palmarosa often finds a place in skin care routines.

**USES**

- Diffuse anytime to create a welcoming atmosphere.
- Dilute in a carrier oil as part of a relaxing massage.
- Add one to two drops to a soothing Epsom salt bath.
- Combine with your favorite dōTERRA cleanser to give your skin a youthful look.

**DIRECTIONS FOR USE**

**Diffusion:** Add a few drops to your favorite dōTERRA diffuser.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

**CAUTIONS**

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

**PRIMARY BENEFITS**

- Soft and floral aroma
- Nourishes and rejuvenates the look of skin
- Provides a comforting, yet stimulating experience when used in massage

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**Application: A T S**  
**Plant Part:** Grass  
**Extraction Method:** Steam distillation  
**Aromatic Description:** Fresh, floral notes of geranium and rose  
**Main Chemical Components:** Geraniol, Geranyl Acetate  

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**Palmarosa**  
*Cymbopogon martinii* 5 mL  
Wholesale: $12.50  
PV: 12.5  
*not available for individual sale*