dōTERRA On Guard®
Protective Blend 15 mL

PRODUCT DESCRIPTION

dōTERRA On Guard, a proprietary essential oil blend, provides a natural and effective alternative for immune support when used internally.† dōTERRA On Guard protects against environmental and seasonal threats with essential oils known for their positive effects on the immune system when ingested.† dōTERRA On Guard can be taken internally on a daily basis to maintain healthy immune function.† It can also be used on surfaces throughout the home as a non-toxic cleaner. When diffused, dōTERRA On Guard helps purify the air, and can be very energizing and uplifting.

USES

- Add two to three drops in a veggie capsule for an immune boost.†
- Diffuse during winter months for a cold-weather pick-me-up.
- Soak sliced apples in water and a few drops for a healthy, immune-boosting snack.†
- Combine a few drops of dōTERRA On Guard with a carrier oil for a natural hand cleanser.

DIRECTIONS FOR USE

Aromatic use: Use three to four drops in the diffuser of choice.

Internal use: Dilute one drop in 4 fluid ounces of liquid.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.

©2019 dōTERRA Holdings, LLC dōTERRA On Guard PIP US 032522 B

All words with trademark or registered trademark symbols are trademarks or registered trademarks of dōTERRA Holdings, LLC.