dōTERRA Motivate®
Encouraging Blend  5mL

**PRODUCT INFORMATION PAGE**

**Application:**

**Ingredients:** Peppermint Plant, Clementine Peel, Coriander Seed, Basil Herb, Yuzu Peel, Melissa Leaf, Rosemary Leaf, Vanilla Bean Absolute

**Aromatic Description:** Fresh, Clean, Minty

**PRODUCT DESCRIPTION**

We all have setbacks in our lives causing us to doubt ourselves or feel pessimistic. The bright aroma of dōTERRA Motivate complements affirmations of confidence and courage.

**USES**

- Apply to the bottom of feet in the morning.
- Diffuse when working on a project at work or school. Fresh and minty aroma may invoke feelings of encouragement.
- Apply to pulse points before participating in sporting events or other competitions.

**DIRECTIONS FOR USE**

**Diffusion:** Use one to two drops in the diffuser of choice.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

**CAUCTIONS**

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for at least 12 hours after applying product.

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**Part Number:** 31740001

**Wholesale:** $23.00

**Retail:** $30.67

**PV:** 23

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