

Lemon

Citrus limon 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade®

Application: A T I N

Plant Part: Peel

Extraction Method: Cold pressed

Aromatic Description: Clean, fresh, citrus, bright

Main Chemical Components: Limonene,
β-pinene, γ-terpinene

PRIMARY BENEFITS

- Cleanses and purifies the air and surfaces
- May help aid in digestion and natural cleansing mechanisms when taken internally†
- Provides an uplifting, positive aroma

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Wholesale: \$13.00

Retail: \$17.33

PV: 13

PRODUCT DESCRIPTION

The top-selling dōTERRA essential oil, Lemon has multiple benefits and uses. Lemon is a powerful cleansing agent that purifies the air and surfaces, and can be used as a non-toxic cleaner throughout the home. When added to water, Lemon provides a refreshing and healthy boost throughout the day.† Lemon is frequently added to food to enhance the flavor of desserts and main dishes. Taken internally, Lemon provides cleansing and digestive benefits.† When diffused, Lemon has an uplifting aroma.

USES

- Combine with water in a spray bottle and spritz on surfaces to clean.
- Add a few drops to olive oil and rub onto wooden surfaces to clean, protect, and polish.
- Rub onto metal surfaces to remedy early stages of tarnish.
- Diffuse to create an uplifting environment.
- Mix a few drops with water for a refreshing drink.

DIRECTIONS FOR USE

Aromatic use: Use three to four drops in the diffuser of choice.

Internal use: Dilute one drop in 4 fluid ounces of liquid.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.