

# Juniper Berry

*Juniperus communis* 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Therapeutic Grade®

**Application:** A T I N

**Plant Part:** Berry

**Extraction Method:** Steam distillation

**Aromatic Description:** Balsamic, clean, woody, spicy

**Main Chemical Components:**  $\alpha$ -pinene, sabinene

## PRIMARY BENEFITS

- Supports healthy kidney and urinary tract function\*
- Acts as a natural skin toner
- Acts as a natural cleansing and detoxifying agent\*
- Has a calming, grounding effect

### Juniper Berry

*Juniperus communis* 5 mL

Part Number: 49290001

Wholesale: \$19.00

Retail: \$25.33

PV: 19



## PRODUCT DESCRIPTION

Derived from the coniferous tree, Juniper Berry essential oil has a rich history of traditional uses and benefits. Juniper Berry acts as a natural cleansing and detoxifying agent, and supports healthy kidney and urinary tract function.\* Juniper Berry acts as a natural skin toner and reduces the appearance of skin blemishes. Its woody, spicy, yet fresh aroma has a calming, grounding effect. When diffused, Juniper Berry helps cleanse and purify the air.

## USES

- Add one to two drops to water or citrus drinks as part of a natural cleansing regimen.\*
- Apply one drop to promote a clear, healthy complexion.
- Diffuse with citrus oils to freshen and purify the air and lessen stress.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

**Internal use:** Dilute one drop in 4 fl. oz. of liquid.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional cautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.