**PRODUCT DESCRIPTION**

Derived from the coniferous tree, Juniper Berry essential oil has a rich history of traditional uses and benefits. Juniper Berry used internally supports healthy kidney and urinary tract function.* Juniper Berry acts as a natural skin toner and reduces the appearance of skin blemishes. Its woody, spicy, yet fresh aroma has a calming, grounding effect. When diffused, Juniper Berry helps cleanse and purify the air while creating a grounding environment.

**USES**

- Add one to two drops to water or citrus drinks as part of a natural cleansing regimen.*
- Apply one drop to promote a clear, healthy complexion.
- Diffuse with citrus oils to freshen and purify the air and lessen stress.

**DIRECTIONS FOR USE**

**Diffusion:** Use three to four drops in the diffuser of choice.

**Internal use:** Dilute one drop in four fluid ounces of liquid.

**Topical use:** Apply one to two drops to desired area.

Dilute with a carrier oil to minimize any skin sensitivity. See additional cautions below.

**CAUTIONS**

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

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**Application:** A T I N

**Plant Part:** Berry

**Extraction Method:** Steam distillation

**Aromatic Description:** Balsamic, clean, woody, spicy

**Main Chemical Components:** α-pinene, sabinene

**PRIMARY BENEFITS**

- Supports healthy kidney and urinary tract function when consumed*
- Acts as a natural skin toner
- Inhale deeply to feel calm and grounded

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**Juniper Berry**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*

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