

Helichrysum

Helichrysum italicum 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG Certified Pure Therapeutic Grade®

Application: A T I N

Plant Part: Flower

Extraction Method: Steam distillation

Aromatic Description: Herbaceous, honey, hay

Main Chemical Components: Neryl acetate, alpha pinene, γ-curcumene

PRIMARY BENEFITS

- Improves appearance of the skin
- May help promote a healthy metabolism*

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Part Number: 30410001

Wholesale: \$75.00

Retail: \$100.00

PV: 75

PRODUCT DESCRIPTION

Helichrysum italicum is a small perennial herb with narrow, silver leaves and flowers that form a cluster of golden yellow, ball-shaped blossoms. The name “*Helichrysum*” is derived from the Greek “*helios*” meaning sun and “*chrysos*” meaning gold, referring to the color of the flowers. *Helichrysum* has been used in herbal health practices since ancient Greece and the oil is highly valued and sought after for its many health benefits. *Helichrysum* is best known for its restorative properties to the skin. Also referred to as the Everlasting or Immortal Flower, *Helichrysum* is used in anti-aging products for its rejuvenating benefits to the skin. *Helichrysum* can help reduce the appearance of blemishes, and it promotes a glowing, youthful complexion.

USES

- Apply topically to reduce the appearance of blemishes.
- Apply to the face to reduce the appearance of wrinkles and to promote a glowing, youthful complexion.
- Massage into the temples and the back of the neck for a soothing sensation.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Internal use: Dilute one drop in 4 fl. oz. of liquid.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.