GX Assist®
GI Cleansing Formula
Made with enteric coated softgels

PRODUCT DESCRIPTION
GX Assist is a combination of CPTG Certified Pure Therapeutic Grade® essential oils and caprylic acid to help support a healthy digestive tract by creating an unfriendly environment for potential threats that can disrupt digestive immunities and cause digestive upset.* GX Assist is formulated to be used for 10 days as a preparatory cleansing step before using PB Assist®+ Probiotic Defense Formula.*

CONCEPT
Having a healthy digestive system affects all facets of the body. When the digestive system is not functioning at its best, there can be a negative effect on every other function of the body. The combination of very powerful essential oils and caprylic acid helps cleanse the digestive system, which helps all other functions of the body perform at their maximum potential.*

CPTG® Essential Oils
GX Assist contains a proprietary blend of doTERRA CPTG Certified Pure Therapeutic Grade essential oils from Oregano, Melaleuca, Lemon, Lemongrass, Peppermint, and Thyme. The GX Assist blend was formulated to improve microbial balance.* This proprietary blend helps purify and cleanse the digestive system.*

PRIMARY BENEFITS
• First step in an essential oil digestive maintenance program*
• Supports a healthy digestive environment*
• A proprietary blend of CPTG Certified Pure Therapeutic Grade essential oils and caprylic acid that provides a natural cleanse for a healthy digestive system*

DIRECTIONS FOR USE
Take 1 to 3 softgels per day with meals for 10 days

CAUTIONS
Pregnant or nursing women and people with known medical conditions should consult a physician before using.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
FAQS

Q: Is GX Assist® safe to use every month?
A: Yes, GX Assist can be used for 10 days each month (1–3 capsules each day). It can also be used less often, such as every three months.

Q: Can I use this more than once a month? How many days do I need to discontinue use before I can start using again?
A: It is recommended that GX Assist be used no more than 10 days of the month, followed by 20 days of PB Assist®+. It is not necessary to continue the program beyond 10 days.

Q: Should we be concerned about using too much Oregano too often?
A: While Oregano is generally considered to be a more potent oil, the amount of essential oil, including Oregano, in GX Assist is far below a dose that could cause harm. The 10–day program is designed to provide a positive benefit to the digestive tract. It is not necessary to continue the program beyond 10 days.

Q: Does GX Assist contain genetically modified material?
A: GX Assist does not contain genetically modified material.

Q: Does GX Assist contain gluten?
A: GX does not contain any gluten-containing ingredients.

Q: Should I discontinue use of other supplements while I am using GX Assist?
A: GX Assist is safe and effective when used in combination with dōTERRA Lifelong Vitality Pack® supplements and other dōTERRA supplements. GX Assist will not interfere with your body’s ability to absorb or utilize vitamins, minerals, cellular support ingredients, essential fatty acids, or other active ingredients.

Q: Are there plans to put this in a vegetarian softgel?
A: GX Assist may be transitioned to a vegetarian softgel in the future.

Q: Is GX Assist safe for children to take?
A: GX Assist is not recommended for children, even at a lower dose.

COMPLEMENTARY PRODUCTS

• dōTERRA Lifelong Vitality Pack
• DigestZen Terrazyme®

KEY STUDIES


