Green Mandarin
*Citrus nobilis* 15 mL

**PRODUCT DESCRIPTION**
Green Mandarin essential oil is pressed from the unripened fruit of the mandarin tree, while Red Mandarin essential oil comes from a more mature fruit. Internal use of Green Mandarin is known for its soothing properties for the nervous system and can be supportive of healthy digestive function.* Limonene, one of the main chemical components of Green Mandarin essential oil, is renowned for its surface cleansing properties. Limonene may also help support cellular function, along with γ-Terpinene. Green Mandarin may provide antioxidant support and help support cardiovascular health when taken internally.* Create a bright and energized environment while diffusing the sweet, refreshing aroma of Green Mandarin throughout your home or workplace.

**USES**
- Incorporate Green Mandarin in your home as a food preservative or dilute it in a spray bottle to clean the surfaces of your kitchen.
- May help soothe the nervous system when taken internally.*
- Incorporate into your oral hygiene routine to promote healthy-looking teeth.
- Take one to two drops to help support healthy immune function and response.*
- Diffuse with Basil, Sandalwood, Lavender, or Spearmint to create a positive, uplifting environment.

**DIRECTIONS FOR USE**
**Diffusion:** Use three to four drops in the diffuser of choice.

**Internal use:** Dilute one drop in four fluid ounces of liquid.

**Topical use:** Apply one to two drops to desired area. Dilute with carrier oil to minimize any skin sensitivity. See additional precautions below.

**CAUTIONS**
Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid UV rays for 12 hours after applying product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*