**PRODUCT DESCRIPTION**

DigestZen is well known for its ability to aid in digestion, soothe occasional stomach upset, and maintain overall digestive health when taken internally.* This unique blend contains Ginger, Fennel, and Coriander to help ease occasional stomach discomfort, including motion sickness and indigestion, while Peppermint, Tarragon, Anise, and Caraway aid with digestion and help maintain a healthy gastrointestinal tract.* A safe and effective blend, DigestZen is great to have on hand when stomach upset occurs.*. Internal use of DigestZen is a healthy, natural, and gentle way to soothe an upset stomach or maintain a healthy digestive system.*

**USES**

- Add a few drops to water to take internally.
- Rub on the stomach before flying or taking a road trip for a calming aroma.
- Take DigestZen internally when traveling or trying new foods to soothe occasional stomach upset.*
- Add to water or tea to maintain a healthy gastrointestinal tract.*

**DIRECTIONS FOR USE**

**Diffusion:** Use three to four drops in the diffuser of choice.

**Internal use:** Dilute one drop in 4 fl. oz. of liquid.

**Topical use:** Apply one to two drops to desired area.

Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

**CAUTIONS**

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor’s care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.