Deep Blue Polyphenol Complex®
Dietary Supplement

PRODUCT DESCRIPTION
The brand name Deep Blue® is synonymous with soothing support. The CPTG Certified Pure Tested Grade™ essential oil blend as well as the rub have provided comfort to many and is trusted among its users. It only makes sense that an ingestible supplement would complement the topical benefits of the Deep Blue product line.* Deep Blue Polyphenol Complex delivers polyphenol extracts of frankincense, turmeric, green tea, ginger, pomegranate, and grape seed, and is designed to provide soothing support to aching muscles and to other occasional discomfort.* Take as needed when discomfort presents itself, or take it every day for long-lasting benefits.*

CONCEPT
Deep Blue Polyphenol Complex provides a unique blend of extracts of Indian frankincense (Boswellia serrata), along with turmeric and ginger. Indian frankincense has long been used for its soothing properties, and its use in the traditional Ayurvedic practices of India is well established.*

This supplement delivers a unique and standardized Boswellia serrata extract (not an essential oil) that has been clinically studied to promote healthy mobility and function, and can provide soothing support throughout the entire body.*

Like frankincense, turmeric has been used for centuries in Ayurvedic practice and is also part of the popular spice Indian curry. The science behind turmeric’s soothing role in overworked muscles and joints is now recognized by experts throughout the world.* Ginger root has also been used for centuries throughout Asia for its health benefits and as a popular spice. Ginger was among the first spices brought to the New World and has long been recommended for its natural soothing benefits.*

POLYPHENOLS
Polyphenols are natural, powerful, water-soluble antioxidants. Deep Blue Polyphenol Complex delivers the unique polyphenol benefits from what are considered some of the most healthy beverages—green tea, red wine, and grape and pomegranate juice.* Red wine (resveratrol) and green tea (catechins) have, for centuries, been recognized as central to the healthy Mediterranean and Asian diets, respectively. Today, they are the subject of some the most exciting anti-aging and wellness research.* Resveratrol is believed to be a key component in the healthy Mediterranean diet and it is thought to be responsible for the “French Paradox,” where the French enjoy far better heart health than would be expected from a less than ideal diet and lifestyle.*

Green tea’s wide variety of health benefits have been established for hundreds of years, but again, only recently have scientists...
identified its catechins, specifically EGCG (Epigallocatechin Gallate), as the molecules responsible for these benefits. The green tea extract used in this product concentrates the goodness of green tea to provide targeted levels of catechins.* Grape seed is known for its exceptional levels of protective polyphenols, particularly OPCs (Oligomeric Proanthocyanidins), which are powerful antioxidants.*

Pomegranate is another key ingredient in this product and is often referred to as the “sacred fruit.” Punicalagin has been identified as a key beneficial molecule behind pomegranate’s benefits, yet its levels are rarely declared on pomegranate juice or supplements. Deep Blue Polyphenol Complex® delivers a unique pomegranate fruit extract, standardized to deliver a specific level of punicalagin, which helps ensure the benefits of this powerful fruit. These polyphenols help neutralize a broad range of damaging free-radicals, thereby supporting the health of a wide variety of tissues, organs, and systems throughout the body.*

Deep Blue Polyphenol Complex is designed to offer unparalleled natural support. Furthermore, its formula enables you to enjoy all these exceptionally powerful, natural molecules without consuming any alcohol, caffeine, sugar, or other potentially harmful stimulants.

**PRIMAR Y BENEFITS**
- Fast-acting frankincense extract shown to help support muscle and joint comfort and function*
- Includes proprietary, standardized extracts of ginger, curcumin, resveratrol, and other polyphenols to soothe occasional aches and discomfort*
- Can be used in tandem with Deep Blue® Rub or Deep Blue Soothing Blend
- Contains the dōTERRA® tummy tamer blend of Peppermint, Ginger, and Caraway Seed

**DIRECTIONS FOR USE**
Take 2 capsules with food per day; 1 capsule in the morning and one in the evening.

**FAQS**

Q: Is Deep Blue Polyphenol Complex safe to take every day?
A: Deep Blue Polyphenol Complex is safe to use every day. Deep Blue Polyphenol Complex delivers botanical polyphenols that have long been consumed throughout the world, are key components of some of the healthiest of diets, and are well studied for their safety.

Q: Can I take more than the recommended amount?
A: We recommend that you follow the suggested use, which was selected based on an extensive review of the scientific literature showing efficacy at the dose provided. However, there should be no problem taking more than the recommended amount of Deep Blue Polyphenol Complex based on its safety.

Q: Can I take Deep Blue Polyphenol Complex with Alpha CRS®+?
A: Yes, although a few of the active ingredients overlap.

Q: Does Deep Blue Polyphenol Complex contain gluten?
A: Deep Blue Polyphenol Complex does not contain any gluten containing ingredients.

Q: Does Deep Blue Polyphenol Complex contain genetically modified material?
A: Deep Blue Polyphenol Complex does not contain genetically modified material.

Q: Is Deep Blue Polyphenol Complex® considered organic and vegetarian?
A: Deep Blue Polyphenol Complex is vegetarian. It is very important to us that our ingredients come from quality sources, and this doesn’t always mean “Certified Organic.” Many ingredients cannot be sourced from organic farms. All of our ingredients are thoroughly tested for contaminants, pesticides, and heavy metals to meet our own high quality standards and specifications.

Q: Does this product contain the Deep Blue® Soothing Essential Oil Blend?
A: No.
COMPLEMENTARY PRODUCTS

- dōTERRA Lifelong Vitality Pack®
- Microplex VMz®
- DigestZen TerraZyme®
- GX Assist®

KEY STUDIES


Supplement Facts

<table>
<thead>
<tr>
<th>Serving Size Two (2) Capsules</th>
<th>Amount Per Serving</th>
<th>% Daily Value</th>
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<tbody>
<tr>
<td>Deep Blue Polyphenol Blend:</td>
<td></td>
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</tr>
<tr>
<td>Frankincense (Boswellia serrata)</td>
<td>100 mg</td>
<td>**</td>
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<tr>
<td>Curcuminoids Complex (from Turmeric (Curcuma longa) Root Extract)</td>
<td>250 mg</td>
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<tr>
<td>Ginger (Zingiber officinale) Root Extract</td>
<td>300 mg</td>
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<tr>
<td>Green Tea (Camellia sinensis) Leaf Extract (75% Catechins)</td>
<td>100 mg</td>
<td>**</td>
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<tr>
<td>Pomegranate (Punica granatum) Fruit Extract (30% Punicalagin)</td>
<td>50 mg</td>
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<tr>
<td>Grape (Vitis vinifera) Seed Extract (95% Polyphenols)</td>
<td>50 mg</td>
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<tr>
<td>Resveratrol (from Polygonum cuspidatum Root Extract)</td>
<td>25 mg</td>
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** Daily Value (DV) not established.

Other Ingredients: Vegetable hypromellose, Microcrystalline cellulose, Magnesium stearate, Calcium silicate, Silica.

Directions for use: Take 2 capsules with food per day; 1 capsule in the morning and 1 capsule in the evening.

Note: Keep out of reach of children. Pregnant and nursing women and people with known medical conditions should consult a physician before using. Do not use if safety seal is broken or missing. Store in a cool, dry place.

Manufactured exclusively for dōTERRA Intl, LLC, 389 S 1300 W Pleasant Grove, UT 84062, U.S.A. 1-800-411-8151

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.